

IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF NEBRASKA

PLANNED PARENTHOOD OF THE)
HEARTLAND,)
))
Plaintiff,)
))
v.)
))
DAVE HEINEMAN, Governor of Nebraska,)
in his official capacity;)
))
JON BRUNING, Attorney General of Nebraska;)
in his official capacity;)
))
KERRY WINTERER, Chief Executive Officer,)
and DR. JOANN SCHAEFER, Director of the)
Division of Public Health, Nebraska Department)
of Health and Human Services, in their official)
capacities; and)
))
CRYSTAL HIGGINS, President, Nebraska Board)
of Nursing, and BRENDA BERGMAN-EVANS,)
President, Nebraska Board of Advanced Practice)
Registered Nurses, in their official capacities;)
))
Defendants.)
_____)

Case No. 4:10-cv-3122

**INDEX OF EVIDENCE IN SUPPORT OF PLAINTIFF’S MOTION FOR
PRELIMINARY INJUNCTION AND TEMPORARY RESTRAINING ORDER**

In support of Plaintiff’s Motion for Preliminary Injunction and Temporary Restraining Order, Plaintiff submits the following evidence:

- Exhibit 1 – Legislative Bill 594 (“Act”)
- Exhibit 2 – Declaration of Penelope A. Dickey
- Exhibit 3 – Declaration of Paul S. Appelbaum, M.D.
- Exhibit 4 – Declaration of Darla Eisenhauer, M.D.

Exhibit 5 – Declaration of Kelly Blanchard

Exhibit 6 – Declaration of Jill L. Meadows, M.D.

Dated: June 28, 2010

BY: PLANNED PARENTHOOD OF THE
HEARTLAND, Plaintiff

BY: /s/ Andrea D. Snowden
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Andrea D. Snowden, # 21784
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*Application for admission *pro hac vice*
pending

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OF COUNSEL FOR PLAINTIFF

CERTIFICATE OF SERVICE

I, Andrea D. Snowden, am one of the attorneys of record for Plaintiff and hereby certify that on the 28th day of June, 2010, I electronically filed the foregoing with the Clerk of the Court using the CM/ECF system and hand delivered a copy to the following:

Dave Heineman, Governor of Nebraska
c/o Jon Bruning, Attorney General
2115 State Capitol
Lincoln, NE 68509

Jon Bruning, Attorney General
2115 State Capitol
Lincoln, NE 68509

Kerry Winterer, Chief Executive Officer
Nebraska Department of Health and Human Services
c/o Jon Bruning, Attorney General
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Lincoln, NE 68509

Dr. Joann Schaefer, Director Division of Public Health
Nebraska Department of Health and Human Services
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Crystal Higgins, President
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Brenda Bergman-Evans, President
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2115 State Capitol
Lincoln, NE 68509

BY: /s/ Andrea D. Snowden
Andrea D. Snowden, # 21784

Exhibit 1

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LEGISLATIVE BILL 594

Approved by the Governor April 13, 2010

Introduced by Dierks, 40; McCoy, 39; Pirsch, 4.

FOR AN ACT relating to abortion; to amend sections 28-325, 28-340, and 38-2021, Reissue Revised Statutes of Nebraska, and sections 28-101, 28-326, 28-327, 28-327.01, 28-327.03, and 28-327.04, Revised Statutes Supplement, 2009; to state and restate legislative findings and declarations; to define and redefine terms; to change provisions relating to voluntary and informed consent to an abortion; to prohibit waivers, provide additional remedies, provide requirements for certain civil actions, provide burdens of proof, provide for tolling statute of limitations, and restrict applicability to criminal and disciplinary actions; to require information regarding certain service agencies to be made available on the Internet; to harmonize provisions; to provide severability; and to repeal the original sections.

Be it enacted by the people of the State of Nebraska,

Section 1. Section 28-101, Revised Statutes Supplement, 2009, is amended to read:

28-101 Sections 28-101 to 28-1356 and sections 5 to 11 of this act shall be known and may be cited as the Nebraska Criminal Code.

Sec. 2. Section 28-325, Reissue Revised Statutes of Nebraska, is amended to read:

28-325 The Legislature hereby finds and declares:

(1) That the following provisions were motivated by the legislative intrusion of the United States Supreme Court by virtue of its decision removing the protection afforded the unborn. Sections 28-325 to 28-345 and sections 5 to 11 of this act are in no way to be construed as legislatively encouraging abortions at any stage of unborn human development, but are rather an expression of the will of the people of the State of Nebraska and the members of the Legislature to provide protection for the life of the unborn child whenever possible;

(2) That the members of the Legislature expressly deplore the destruction of the unborn human lives which has and will occur in Nebraska as a consequence of the United States Supreme Court's decision on abortion of January 22, 1973;

(3) That it is in the interest of the people of the State of Nebraska that every precaution be taken to insure the protection of every viable unborn child being aborted, and every precaution be taken to provide life-supportive procedures to insure the unborn child its continued life after its abortion;

(4) That currently this state is prevented from providing adequate legal remedies to protect the life, health, and welfare of pregnant women and unborn human life; ~~and~~

(5) That it is in the interest of the people of the State of Nebraska to maintain accurate statistical data to aid in providing proper maternal health regulations and education; ~~-~~

(6) That the existing standard of care for preabortion screening and counseling is not always adequate to protect the health needs of women;

(7) That clarifying the minimum standard of care for preabortion screening and counseling in statute is a practical means of protecting the well-being of women and may better ensure that abortion doctors are sufficiently aware of each patient's risk profile so they may give each patient a well-informed medical opinion regarding her unique case; and

(8) That providing right to redress against nonphysicians who perform illegal abortions or encourage self-abortions is an important means of protecting women's health.

Sec. 3. Section 28-326, Revised Statutes Supplement, 2009, is amended to read:

28-326 For purposes of sections 28-325 to 28-345 and sections 5 to 11 of this act, unless the context otherwise requires:

(1) Abortion means the use or prescription of any instrument, medicine, drug, or other substance or device intentionally to terminate the pregnancy of a woman known to be pregnant with an intention other than to increase the probability of a live birth, to preserve the life or health of the child after live birth, or to remove a dead unborn child, and which causes the premature termination of the pregnancy;

(2) Complications associated with abortion means any adverse

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physical, psychological, or emotional reaction that is reported in a peer-reviewed journal to be statistically associated with abortion such that there is less than a five percent probability ($P < .05$) that the result is due to chance;

(3) Conception means the fecundation of the ovum by the spermatozoa;

(4) Emergency situation means that condition which, on the basis of the physician's good faith clinical judgment, so complicates the medical condition of a pregnant woman as to necessitate the immediate abortion of her pregnancy to avert her death or for which a delay will create serious risk of substantial impairment of a major bodily function;

~~(2)~~ (5) Hospital means those institutions licensed by the Department of Health and Human Services pursuant to the Health Care Facility Licensure Act;

(6) Negligible risk means a risk that a reasonable person would consider to be immaterial to a decision to undergo an elective medical procedure;

(7) Partial-birth abortion means an abortion procedure in which the person performing the abortion partially delivers vaginally a living unborn child before killing the unborn child and completing the delivery. For purposes of this subdivision, the term partially delivers vaginally a living unborn child before killing the unborn child means deliberately and intentionally delivering into the vagina a living unborn child, or a substantial portion thereof, for the purpose of performing a procedure that the person performing such procedure knows will kill the unborn child and does kill the unborn child;

~~(3)~~ (8) Physician means any person licensed to practice medicine in this state as provided in the Uniform Credentialing Act;

~~(4)~~ (9) Pregnant means that condition of a woman who has unborn human life within her as the result of conception;

~~(5)~~ Conception means the fecundation of the ovum by the spermatozoa;

(10) Probable gestational age of the unborn child means what will with reasonable probability, in the judgment of the physician, be the gestational age of the unborn child at the time the abortion is planned to be performed;

(11) Risk factor associated with abortion means any factor, including any physical, psychological, emotional, demographic, or situational factor, for which there is a statistical association with one or more complications associated with abortion such that there is less than a five percent probability ($P < .05$) that such statistical association is due to chance. Such information on risk factors shall have been published in any peer-reviewed journals indexed by the United States National Library of Medicine's search services (PubMed or MEDLINE) or in any journal included in the Thomson Reuters Scientific Master Journal List not less than twelve months prior to the day preabortion screening was provided;

(12) Self-induced abortion means any abortion or menstrual extraction attempted or completed by a pregnant woman on her own body;

(13) Ultrasound means the use of ultrasonic waves for diagnostic or therapeutic purposes, specifically to monitor an unborn child;

~~(6)~~ (14) Viability means that stage of human development when the unborn child is potentially able to live more than merely momentarily outside the womb of the mother by natural or artificial means; and

~~(7)~~ Emergency situation means that condition which, on the basis of the physician's good faith clinical judgment, so complicates the medical condition of a pregnant woman as to necessitate the immediate abortion of her pregnancy to avert her death or for which a delay will create serious risk of substantial impairment of a major bodily function;

~~(8)~~ Probable gestational age of the unborn child means what will with reasonable probability, in the judgment of the physician, be the gestational age of the unborn child at the time the abortion is planned to be performed;

~~(9)~~ Partial-birth abortion means an abortion procedure in which the person performing the abortion partially delivers vaginally a living unborn child before killing the unborn child and completing the delivery. For purposes of this subdivision, the term partially delivers vaginally a living unborn child before killing the unborn child means deliberately and intentionally delivering into the vagina a living unborn child, or a substantial portion thereof, for the purpose of performing a procedure that the person performing such procedure knows will kill the unborn child and does kill the unborn child;

~~(10)~~ (15) Woman means any female human being whether or not she has reached the age of majority; and

~~(11)~~ Ultrasound means the use of ultrasonic waves for diagnostic or

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~~therapeutic purposes, specifically to monitor an unborn child.~~

Sec. 4. Section 28-327, Revised Statutes Supplement, 2009, is amended to read:

28-327 No abortion shall be performed except with the voluntary and informed consent of the woman upon whom the abortion is to be performed. Except in the case of an emergency situation, consent to an abortion is voluntary and informed only if:

(1) The woman is told the following by the physician who is to perform the abortion, by the referring physician, or by a physician assistant or registered nurse licensed under the Uniform Credentialing Act who is an agent of either physician, at least twenty-four hours before the abortion:

(a) The particular medical risks associated with the particular abortion procedure to be employed including, when medically accurate, the risks of infection, hemorrhage, perforated uterus, danger to subsequent pregnancies, and infertility;

(b) The probable gestational age of the unborn child at the time the abortion is to be performed;

(c) The medical risks associated with carrying her child to term; and

(d) That she cannot be forced or required by anyone to have an abortion and is free to withhold or withdraw her consent for an abortion.

The person providing the information specified in this subdivision to the person upon whom the abortion is to be performed shall be deemed qualified to so advise and provide such information only if, at a minimum, he or she has had training in each of the following subjects: Sexual and reproductive health; abortion technology; contraceptive technology; short-term counseling skills; community resources and referral; and informed consent. The physician or the physician's agent may provide this information by telephone without conducting a physical examination or tests of the patient, in which case the information required to be supplied may be based on facts supplied by the patient and whatever other relevant information is reasonably available to the physician or the physician's agent;

(2) The woman is informed by telephone or in person, by the physician who is to perform the abortion, by the referring physician, or by an agent of either physician, at least twenty-four hours before the abortion:

(a) The name of the physician who will perform the abortion;

(b) That medical assistance benefits may be available for prenatal care, childbirth, and neonatal care;

(c) That the father is liable to assist in the support of her child, even in instances in which the father has offered to pay for the abortion;

(d) That she has the right to review the printed materials described in section 28-327.01. The physician or his or her agent shall orally inform the woman that the materials have been provided by the Department of Health and Human Services and that they describe the unborn child and list agencies which offer alternatives to abortion. If the woman chooses to review the materials, they shall either be given to her at least twenty-four hours before the abortion or mailed to her at least seventy-two hours before the abortion by certified mail, restricted delivery to addressee, which means the postal employee can only deliver the mail to the addressee. The physician and his or her agent may disassociate themselves from the materials and may comment or refrain from commenting on them as they choose; and

(e) That she has the right to request a comprehensive list, compiled by the Department of Health and Human Services, of health care providers, facilities, and clinics that offer to have ultrasounds performed by a person at least as qualified as a registered nurse licensed under the Uniform Credentialing Act, including and specifying those that offer to perform such ultrasounds free of charge. The list shall be arranged geographically and shall include the name, address, hours of operation, and telephone number of each entity. If requested by the woman, the physician who is to perform the abortion, the referring physician, or his or her agent shall provide such a list as compiled by the department;

(3) If an ultrasound is used prior to the performance of an abortion, the physician who is to perform the abortion, the referring physician, or a physician assistant or registered nurse licensed under the Uniform Credentialing Act who is an agent of either physician, or any qualified agent of either physician, shall:

(a) Perform an ultrasound of the woman's unborn child of a quality consistent with standard medical practice in the community at least one hour prior to the performance of the abortion;

(b) Simultaneously display the ultrasound images so that the woman may choose to view the ultrasound images or not view the ultrasound images. The woman shall be informed that the ultrasound images will be displayed so

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that she is able to view them. Nothing in this subdivision shall be construed to require the woman to view the displayed ultrasound images; and

(c) If the woman requests information about the displayed ultrasound image, her questions shall be answered. If she requests a detailed, simultaneous, medical description of the ultrasound image, one shall be provided that includes the dimensions of the unborn child, the presence of cardiac activity, if present and viewable, and the presence of external members and internal organs, if present and viewable;

(4) At least one hour prior to the performance of an abortion, a physician, psychiatrist, psychologist, mental health practitioner, physician assistant, registered nurse, or social worker licensed under the Uniform Credentialing Act has:

(a) Evaluated the pregnant woman to identify if the pregnant woman had the perception of feeling pressured or coerced into seeking or consenting to an abortion;

(b) Evaluated the pregnant woman to identify the presence of any risk factors associated with abortion;

(c) Informed the pregnant woman and the physician who is to perform the abortion of the results of the evaluation in writing. The written evaluation shall include, at a minimum, a checklist identifying both the positive and negative results of the evaluation for each risk factor associated with abortion and both the licensed person's written certification and the woman's written certification that the pregnant woman was informed of the risk factors associated with abortion as discussed; and

(d) Retained a copy of the written evaluation results in the pregnant woman's permanent record;

(5) If any risk factors associated with abortion were identified, the pregnant woman was informed of the following in such manner and detail that a reasonable person would consider material to a decision of undergoing an elective medical procedure:

(a) Each complication associated with each identified risk factor;
and

(b) Any quantifiable risk rates whenever such relevant data exists;

(6) The physician performing the abortion has formed a reasonable medical judgment, documented in the permanent record, that:

(a) The preponderance of statistically validated medical studies demonstrates that the physical, psychological, and familial risks associated with abortion for patients with risk factors similar to the patient's risk factors are negligible risks;

(b) Continuance of the pregnancy would involve risk of injury to the physical or mental health of the pregnant woman greater than if the pregnancy were terminated by induced abortion; or

(c) Continuance of the pregnancy would involve less risk of injury to the physical or mental health of the pregnant woman than if the pregnancy were terminated by an induced abortion;

~~(4)~~ (7) The woman certifies in writing, prior to the abortion, that:

(a) The information described in subdivisions (1) and (2)(a), (b), and (c) of this section has been furnished her;

(b) She has been informed of her right to review the information referred to in subdivision (2)(d) of this section; and

(c) The requirements of subdivision (3) of this section have been performed if an ultrasound is performed prior to the performance of the abortion; and

~~(5)~~ (8) Prior to the performance of the abortion, the physician who is to perform the abortion or his or her agent receives a copy of the written certification prescribed by subdivision ~~(4)~~ (7) of this section. The physician or his or her agent shall retain a copy of the signed certification form in the woman's medical record.

Sec. 5. Any waiver of the evaluations and notices provided for in subdivision (4) of section 28-327 is void and unenforceable.

Sec. 6. In addition to whatever remedies are available under the common or statutory laws of this state, the intentional, knowing, or negligent failure to comply with the requirements of section 28-327 shall provide a basis for the following damages:

(1) The award of reasonable costs and attorney's fees; and

(2) A recovery for the pregnant woman for the wrongful death of her unborn child under section 30-809 upon proving by a preponderance of evidence that the physician knew or should have known that the pregnant woman's consent was either not fully informed or not fully voluntary pursuant to section 28-327.

Sec. 7. Any action for civil remedies based on a failure to comply with the requirements of section 28-327 shall be commenced in accordance with

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section 25-222 or 44-2828.

Sec. 8. If a physician performed an abortion on a pregnant woman who is a minor without providing the information required in section 28-327 to the pregnant woman's parent or legal guardian, then the physician bears the burden of proving that the pregnant woman was capable of independently evaluating the information given to her.

Sec. 9. Except in the case of an emergency situation, if a pregnant woman is provided with the information required by section 28-327 less than twenty-four hours before her scheduled abortion, the physician shall bear the burden of proving that the pregnant woman had sufficient reflection time, given her age, maturity, emotional state, and mental capacity, to comprehend and consider such information.

Sec. 10. In a civil action involving section 28-327, the following shall apply:

(1) In determining the liability of the physician and the validity of the consent of a pregnant woman, the failure to comply with the requirements of section 28-327 shall create a rebuttable presumption that the pregnant woman would not have undergone the recommended abortion had section 28-327 been complied with by the physician;

(2) The absence of physical injury shall not preclude an award of noneconomic damages including pain, suffering, inconvenience, mental suffering, emotional distress, psychological trauma, loss of society or companionship, loss of consortium, injury to reputation, or humiliation associated with the abortion;

(3) The fact that a physician does not perform elective abortions or has not performed elective abortions in the past shall not automatically disqualify such physician from being an expert witness. A licensed obstetrician or family practitioner who regularly assists pregnant women in resolving medical matters related to pregnancy may be qualified to testify as an expert on the screening, counseling, management, and treatment of pregnancies;

(4) Any physician advertising services in this state shall be deemed to be transacting business in this state pursuant to section 25-536 and shall be subject to the provisions of section 28-327;

(5) It shall be an affirmative defense to an allegation of inadequate disclosure under the requirements of section 28-327 that the defendant omitted the contested information because statistically validated surveys of the general population of women of reproductive age, conducted within the three years before or after the contested abortion, demonstrate that less than five percent of women would consider the contested information to be relevant to an abortion decision; and

(6) In addition to the other remedies available under the common or statutory law of this state, a woman or her survivors shall have a cause of action for reckless endangerment against any person, other than a physician or pharmacist licensed under the Uniform Credentialing Act, who attempts or completes an abortion on the pregnant woman or aids or abets the commission of a self-induced abortion. Proof of injury shall not be required to recover an award, including reasonable costs and attorney's fees, for wrongful death under this subdivision.

Sec. 11. (1) In the event that any portion of section 28-327 is enjoined and subsequently upheld, the statute of limitations for filing a civil suit under section 28-327 shall be tolled during the period for which the injunction is pending and for two years thereafter.

(2) Nothing in section 28-327 shall be construed as defining a standard of care for any medical procedure other than an induced abortion.

(3) A violation of subdivision (4), (5), or (6) of section 28-327 shall not provide grounds for any criminal action or disciplinary action against or revocation of a license to practice medicine and surgery pursuant to the Uniform Credentialing Act.

Sec. 12. Section 28-327.01, Revised Statutes Supplement, 2009, is amended to read:

28-327.01 (1) The Department of Health and Human Services shall cause to be published the following easily comprehensible printed materials:

(a) Geographically indexed materials designed to inform the woman of public and private agencies and services available to assist a woman through pregnancy, upon childbirth, and while the child is dependent, including adoption agencies and agencies and services for prevention of unintended pregnancies, which materials shall include a comprehensive list of the agencies available, a description of the services they offer, and a description of the manner, including telephone numbers and addresses in which such agencies may be contacted or printed materials including a toll-free, twenty-four-hour-a-day telephone number which may be called to orally obtain

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such a list and description of agencies in the locality of the caller and of the services they offer;

(b) Materials designed to inform the woman of the probable anatomical and physiological characteristics of the unborn child at two-week gestational increments from the time when a woman can be known to be pregnant to full term, including pictures or drawings representing the development of unborn children at the two-week gestational increments, and any relevant information on the possibility of the unborn child's survival. Any such pictures or drawings shall contain the dimensions of the unborn child and shall be realistic and appropriate for the stage of pregnancy depicted. The materials shall be objective, nonjudgmental, and designed to convey only accurate scientific information about the unborn child at the various gestational ages. The materials shall also contain objective information describing the methods of abortion procedures commonly employed, the medical risks commonly associated with each such procedure, the possible detrimental psychological effects of abortion, the medical risks commonly associated with abortion, and the medical risks commonly associated with carrying a child to term; and

(c) A comprehensive list of health care providers, facilities, and clinics that offer to have ultrasounds performed by a person at least as qualified as a registered nurse licensed under the Uniform Credentialing Act, including and specifying those that offer to perform such ultrasounds free of charge. The list shall be arranged geographically and shall include the name, address, hours of operation, and telephone number of each entity.

(2) The printed materials shall be printed in a typeface large enough to be clearly legible.

(3) The printed materials required under this section shall be available from the department upon the request by any person, facility, or hospital for an amount equal to the cost incurred by the department to publish the materials.

(4) The Department of Health and Human Services shall make available on its Internet web site a printable publication of geographically indexed materials designed to inform the woman of public and private agencies with services available to assist a woman with mental health concerns, following a risk factor evaluation. Such services shall include, but not be limited to, outpatient and crisis intervention services and crisis hotlines. The materials shall include a comprehensive list of the agencies available, a description of the services offered, and a description of the manner in which such agencies may be contacted, including addresses and telephone numbers of such agencies, as well as a toll-free, twenty-four-hour-a-day telephone number to be provided by the department which may be called to orally obtain the names of the agencies and the services they provide in the locality of the woman. The department shall update the publication as necessary.

Sec. 13. Section 28-327.03, Revised Statutes Supplement, 2009, is amended to read:

28-327.03 No civil liability for failure to comply with subdivision (2)(d) of section 28-327 or that portion of subdivision ~~(4)~~ (7) of such section requiring a written certification that the woman has been informed of her right to review the information referred to in subdivision (2)(d) of such section may be imposed unless the Department of Health and Human Services has published and made available the printed materials at the time the physician or his or her agent is required to inform the woman of her right to review them.

Sec. 14. Section 28-327.04, Revised Statutes Supplement, 2009, is amended to read:

28-327.04 Any person upon whom an abortion has been performed or attempted in violation of section 28-327 or the parent or guardian of a minor upon whom an abortion has been performed or attempted in violation of such section shall have a right to maintain a civil cause of action against the person who performed the abortion or attempted to perform the abortion. A violation of ~~such section~~ subdivision (1), (2), (3), (7), or (8) of section 28-327 shall be prima facie evidence of professional negligence. The ~~written certification prescribed by subdivision (4)~~ certifications prescribed by subdivisions (4) and (7) of section 28-327 signed by the person upon whom an abortion has been performed or attempted shall constitute and create a rebuttable presumption of full compliance with all provisions of section 28-327 in favor of the physician who performed or attempted to perform the abortion, the referring physician, or the agent of either physician. The written certification shall be admissible as evidence in the cause of action for professional negligence or in any criminal action. If judgment is rendered in favor of the plaintiff in any such action, the court shall also render judgment for a reasonable attorney's fee in favor of the plaintiff against the

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defendant.

Sec. 15. Section 28-340, Reissue Revised Statutes of Nebraska, is amended to read:

28-340 Any person whose employment or position has been in any way altered, impaired, or terminated in violation of sections 28-325 to 28-345 and sections 5 to 11 of this act may sue in the district court for all consequential damages, lost wages, reasonable attorney's fees incurred, and the cost of litigation.

Sec. 16. Section 38-2021, Reissue Revised Statutes of Nebraska, is amended to read:

38-2021 Unprofessional conduct means any departure from or failure to conform to the standards of acceptable and prevailing practice of medicine and surgery or the ethics of the profession, regardless of whether a person, patient, or entity is injured, or conduct that is likely to deceive or defraud the public or is detrimental to the public interest, including, but not limited to:

(1) Performance by a physician of an abortion as defined in subdivision (1) of section 28-326 under circumstances when he or she will not be available for a period of at least forty-eight hours for postoperative care unless such postoperative care is delegated to and accepted by another physician;

(2) Performing an abortion upon a minor without having satisfied the notice requirements of sections 71-6901 to 71-6908; and

(3) The intentional and knowing performance of a partial-birth abortion as defined in subdivision ~~(9)~~ (7) of section 28-326, unless such procedure is necessary to save the life of the mother whose life is endangered by a physical disorder, physical illness, or physical injury, including a life-endangering physical condition caused by or arising from the pregnancy itself.

Sec. 17. If any section in this act or any part of any section is declared invalid or unconstitutional, the declaration shall not affect the validity or constitutionality of the remaining portions.

Sec. 18. Original sections 28-325, 28-340, and 38-2021, Reissue Revised Statutes of Nebraska, and sections 28-101, 28-326, 28-327, 28-327.01, 28-327.03, and 28-327.04, Revised Statutes Supplement, 2009, are repealed.

Exhibit 2

IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF NEBRASKA

PLANNED PARENTHOOD OF THE)
HEARTLAND,)
))
Plaintiff,)
))
v.)
))
DAVE HEINEMAN, Governor of Nebraska,)
in his official capacity;)
))
JON BRUNING, Attorney General of Nebraska;)
in his official capacity;)
))
KERRY WINTERER, Chief Executive Officer,)
and DR. JOANN SCHAEFER, Director of the)
Division of Public Health, Nebraska Department)
of Health and Human Services, in their official)
capacities; and)
))
CRYSTAL HIGGINS, President, Nebraska Board)
of Nursing, and BRENDA BERGMAN-EVANS,)
President, Nebraska Board of Advanced Practice)
Registered Nurses, in their official capacities;)
))
Defendants.)
_____)

Case No. _____

DECLARATION OF PENELOPE A. DICKEY

PENELOPE A. DICKEY declares and states as follows:

1. I am over 18 years of age and competent to make this declaration.
2. I am a registered nurse. I am presently the Chief Operating Office (“COO”) of Planned Parenthood of the Heartland, Inc. (“Planned Parenthood”). I submit this declaration in support of Plaintiffs’ Motion for Preliminary Injunction and Temporary Restraining Order preventing LB 594 from taking effect.

3. Planned Parenthood fears that, absent immediate injunctive relief from this Court, Planned Parenthood and its staff will be subject to severe penalties, including potentially endless and highly burdensome civil lawsuits, suspension or revocation of our health care facility license, suspension or revocation of our medical staff's professional licenses, and financial harm.

4. Planned Parenthood is a not-for-profit corporation registered as a foreign corporation doing business in Nebraska. Planned Parenthood operates a health center in Lincoln, Nebraska, which is licensed by the Nebraska Department of Health and Human Services. Our Lincoln health center provides a broad range of reproductive health services, including, but not limited to, physical exams, pregnancy testing and planning services, contraception and contraceptive education, HIV testing, sexually transmitted infections testing and treatment, screening for breast, cervical, colon, prostate, and testicular cancer, and abortion.

5. Planned Parenthood's Lincoln health center is the only generally available provider of abortion services in Lincoln, and one of only two generally available abortion providers in the state. Our patients seeking abortion services come from all across the state.

6. Currently, Planned Parenthood's Lincoln health center provides surgical abortion services through 16 weeks of pregnancy dated from the first day of the woman's last menstrual period ("LMP") and medication abortion services through 9 weeks LMP.

7. Before an abortion, as with any medical procedure, Planned Parenthood ensures that informed consent is obtained, including meeting all common law and statutory law requirements. Prior to an abortion procedure, we take a full medical history from the patient and obtain ultrasound and laboratory results. We ensure that every patient understands what the procedure entails, as well as the risks, side-effects, benefits, and alternatives to the procedure. In addition, Planned Parenthood reviews every patient's decision with her to ensure that she has

considered her options, is confident in her decision, and was not coerced or pressured into the decision. Every patient is given multiple opportunities to ask questions of and discuss concerns (if any) with our medical staff prior to the abortion procedure.

8. Registered nurses and nurse practitioners often assist the physician with abortion procedures, including monitoring the patient's vital signs, working with and supporting the patient in the procedure room, and administering IV medications as ordered by the physician.

9. Planned Parenthood also provides abortion services in Iowa and advertises those services in Nebraska through, among other things, the phone book, the Internet, signage, and brochures.

10. As COO of Planned Parenthood, I oversee, among other things, our health services department. In that capacity, I am responsible for medical operations as they relate to implementing policy and procedures at all Planned Parenthood health centers. Part of that responsibility includes working with legal and health services staff to determine what needs to be done at the clinical level to ensure compliance with all applicable federal and state laws, rules, and regulations.

11. I have reviewed the new so-called "informed consent" requirements at issue in this lawsuit. I do not understand what they require. Read literally, LB 594 appears to require that, as a condition to providing abortion services, we search for every article ever published in any of thousands of journals that mentions "risk factors" associated with abortion, review each of those articles, evaluate every patient to identify the presence of any risk factors mentioned in any of those articles, and disclose to her a list of complications associated with those risk factors. If this is what the statute requires, we could never comply with it because, to start, the volume of material that we would have to track down and review would be unmanageable. Even if we

could isolate and analyze every relevant article, it would take countless hours, and therefore be impossible, to evaluate every patient for the potentially hundreds of risk factors that would result from such a process.

12. If there are certain implicit limitations on LB 594's requirements, it is completely unclear what those are. For example, we do not know whether there are any limits on the materials that must be searched, including date or language restrictions, or restrictions on the types of journals and articles that must be included.

13. In addition, it is unclear whether our practitioners can use their medical judgment to assess what information must be included in the patient evaluation and subsequent discussion. Do we have to discuss everything in the literature regardless of the validity or strength of the findings of a particular article? What if a study has been refuted? Or is out-of-date? Or conflicts with other studies? What if the medical community disagrees with the findings of a study? What if our practitioners determine that the information would not be applicable or material to the particular patient?

14. Further, to what extent, if any, can we group risk factors that are similar, or fall within the same category, but are not identical? For example, there may be a number of risk factors that would fall under the general heading "ambivalence" but that vary in some way. Do we have to evaluate for each particular risk factor, or can we generally evaluate for ambivalence? Relatedly, what if risk factors are assessed in different articles using different tools or methods? Do we have to mimic those precise methods? To the extent there are any limits on the requirements imposed by LB 594, these are just some of the questions for which the answers are completely unclear.

15. If taken literally, we fear that no amount of diligence or good faith on the part of abortion providers could insulate us from the severe penalties imposed by the statute, including countless civil lawsuits and suspension or loss of our health care facility license and the professional licenses of our staff. If the statute is subject to certain boundaries, it is totally unclear what those limits are and what abortion providers must do to comply, and thus, under this reading, providers would also be at risk every time they perform an abortion. Further, undertaking efforts—however futile—to comply with this statute will be expensive and require significant time and resources. To avoid the threat of these serious penalties and financial harm, providers' only choice is to stop performing abortion procedures, therefore denying our patients medical care and their constitutional right to abortion in this state altogether.

16. The new law leaves abortion providers no choice but to face severe penalties or cease to provide medical care to our patients. This choice is untenable.

I declare under penalty of perjury that the foregoing is true and correct and that this declaration was executed on June 25, 2010, in Des Moines, Iowa.


By: 
PENELOPE A. DICKEY

Exhibit 3

IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF NEBRASKA

PLANNED PARENTHOOD OF THE)
HEARTLAND,)
))
Plaintiff,)
))
v.)
))
DAVE HEINEMAN, Governor of Nebraska,)
in his official capacity;)
))
JON BRUNING, Attorney General of Nebraska;)
in his official capacity;)
))
KERRY WINTERER, Chief Executive Officer,)
and DR. JOANN SCHAEFER, Director of the)
Division of Public Health, Nebraska Department)
of Health and Human Services, in their official)
capacities; and)
))
CRYSTAL HIGGINS, President, Nebraska Board)
of Nursing, and BRENDA BERGMAN-EVANS,)
President, Nebraska Board of Advanced Practice)
Registered Nurses, in their official capacities,)
))
Defendants.)
_____)

Case No. _____

PAUL S. APPELBAUM, M.D. declares and states as follows:

1. I am over 18 years of age and competent to make this declaration.
2. I have been made aware of Legislative Bill 594, the proposed new law that would govern informed consent for abortion in Nebraska (“the Act”). I submit this declaration in support of Plaintiff’s Motion for a Preliminary Injunction and for a Temporary Restraining Order, preventing the Act from taking effect.

3. As I understand it, the Act would require medical providers to evaluate each woman who has decided to have an abortion for the presence of any “risk factor associated with abortion” (as broadly defined in the Act) that has been published in any peer-reviewed journal included in certain search services or journal lists as being associated with any “complication associated with abortion” (again, as broadly defined in the Act). If such a “risk factor” is present, the medical provider would have to inform the woman of each “complication” associated with it. These requirements would be imposed as part of the informed consent process.

4. As I understand it, to comply with the Act’s requirements, the medical provider would have to be familiar with an enormous body of literature; engage in an extensive evaluation process of each woman; and then disclose a laundry list of information to the woman based on the results of that process. And as I understand it, the Act appears on its face to require medical providers to conduct these evaluations and make these disclosures without regard to the validity of the findings in the article or articles that linked the “risk factor” or “complication,” and without regard to whether the information is material and helpful to the particular patient.

5. Putting to the side the question of whether it is even possible to literally comply with the Act’s requirements – a question that I understand is being addressed by a different declaration – these requirements bear little or no resemblance to how informed consent is typically provided in any other area of clinical practice. I will detail this in the first section of my declaration, below.

6. Furthermore, trying to comply with these requirements would be detrimental to the informed consent process, and would actually leave women with *less* information – not more

– about the risks and potential downsides of the decision they are considering. I will detail this in the second section of my declaration, below.

Qualifications and Experience

7. I am a board-certified psychiatrist; the Elizabeth K. Dollard Professor of Psychiatry, Medicine and Law at the Columbia University College of Physicians and Surgeons (that is, Columbia University's medical school); the Director of the Division of Psychiatry, Law and Ethics, also at the Columbia University College of Physicians and Surgeons; and a Research Scientist at the New York State Psychiatric Institute.

8. I am the co-author of one of the leading textbooks on informed consent, Jessica W. Berg, Paul S. Appelbaum, Charles W. Lidz & Lisa S. Parker, *Informed Consent: Legal Theory and Clinical Practice* (Oxford Univ. Press 2d ed. 2001) (1987). I teach informed consent in several contexts, including to residents and fellows at the Columbia University Medical Center, at grand rounds presentations across the country, and at the Columbia Law School. I have conducted research on informed consent for over thirty years, and have also published over 200 peer-reviewed research articles, including many on informed consent issues. I am a journal referee (meaning that I conduct peer review for articles) for dozens of journals, and also serve on the editorial boards of numerous publications.

9. In addition to my academic and research positions, I treat patients with a broad variety of problems, including depression, anxiety, and adjustment problems.

10. I was the President of the American Psychiatric Association from 2002-2003, and have also served as its Secretary, Vice President, and a member of its Board of Trustees.

11. Prior to joining the faculty at Columbia, I taught at the University of Pittsburgh, the Harvard Medical School, the University of Massachusetts, and Georgetown University.

12. A copy of my curriculum vitae is annexed hereto as Exhibit A.

The Act's Definitions of "Risk Factor" and "Complication"

13. Before continuing, I think it is useful to discuss the Act's definitions of two key terms.

14. The Act's definition of "complications associated with abortion" is broader than the way the term "complications" is generally used in the medical context. The Act's definition is: "any adverse physical, psychological, or emotional reaction that is reported in a peer-reviewed journal to be statistically associated with abortion such that there is less than a five percent probability . . . that the result is due to chance." Nothing in this definition appears to exclude expected after-effects of an abortion, or reactions that are mild and transient.

15. In conventional medical usage, a "complication" would never include the expected after-effects of a procedure or treatment. It would be misleading and inaccurate to refer to expected after-effects as a "complication," as the term connotes that something unexpected or unusual has happened. For example, discomfort is not a "complication" of starting an intravenous line; it is a consequence. Nor would conventional medical usage of the term "complication" include reactions that are mild and transient. For example, if I start a patient on certain antidepressant medications he or she may experience a consequence of mild sleepiness for several days, until his or her body adjusts to the medication. I would not consider that to be a complication; it is a temporary side effect.

16. Turning to the definition of "risk factor associated with abortion," the Act's definition is, in relevant part: "any factor, including any physical, psychological, emotional, demographic, or situational factor, for which there is a statistical association with one or more complications associated with abortion such that there is less than a five percent probability . . .

that such statistical association is due to chance.” This definition is also very broad, and captures a range of factors that the literature would not necessarily identify as risk factors.

I. How Informed Consent Is Typically Provided

17. While the specific legal requirements for informed consent vary from state to state, and the specifics of practice vary from provider to provider, the basic goal of informed consent remains the same: to enable the patient to make a meaningful decision about what treatment to have, or whether to undergo a particular procedure, by providing the information that is likely to be most salient to the patient’s decision. Enabling meaningful decision-making is the foundational goal and guiding principle of informed consent.

18. Physicians have a professional obligation to develop general knowledge of and familiarity with the significant risks and benefits of the medical treatment or procedure being considered, as well as any risk factors that would, if present, significantly change those risks and benefits. This does not mean being aware of, much less disclosing, every potential risk factor or complication of the treatment or procedure that has ever been discussed in the medical literature. Even putting aside issues of the reliability of findings that have not been replicated, are out of date, have been rebutted, or for other reasons are of questionable applicability to your patient (an issue to which I will return later), almost any medical intervention, whether pharmacologic or surgical, has a large number of risks and potential risk factors associated with it, and it would be neither practical nor desirable to discuss each one with a patient making a medical decision.

19. Rather, the physician’s professional obligation is to develop general knowledge of and familiarity with the *significant* risks and benefits of the treatment or procedure being considered. For risks, “significance” is determined by some combination of frequency and severity. That is, if a risk is very severe (such as death), a physician should disclose it even if it

is relatively rare, and conversely, even a relatively non-severe risk should be disclosed if it is common. However, these rules cannot be taken to the extreme. A patient could die from anaphylactic shock as a response to aspirin, but no physician would disclose death as a risk of aspirin. This is so because neither frequency nor risk level alone is sufficient to make a risk appropriate for disclosure; rather, what risks to disclose depends on the interaction between the two.

20. Similarly, if something is a risk factor for a complication that is extremely rare, or transient, or for whatever other reason not something the physician would disclose to a patient as part of the informed consent process, whether the risk factor is present is immaterial. And the same is true if the presence or absence of the potential risk factor has only a relatively small effect on the patient's risk of experiencing a particular complication, or (in some cases) if the complication is one that will be discussed with the patient regardless of the presence of the risk factor.

21. The reason that physicians focus on significant risks and risk factors is that these are the ones likely to be material to the patient – that is, relevant to the patient in making a meaningfully informed medical decision. Exercising medical judgment to determine which risks are likely to be material to the patient is an essential part of the physician's role.

22. I mentioned above that physicians have a professional obligation to develop general knowledge of and familiarity with the risks and benefits of the medical treatment or procedure being considered, as well as certain risk factors that may increase a patient's risk of experiencing a particular complication. In contrast to the requirements of the Act, physicians do not develop this knowledge by doing a literature survey of every article ever published on the

treatment or procedure. Conducting such a survey simply would not be feasible; among other problems, it would require a staggering time commitment.

23. Rather, in typical practice, physicians develop this knowledge and familiarity from a variety of sources that synthesize and digest the information in the medical literature, including publications and practice guidelines from professional organizations, review articles in major medical journals, presentations at medical association meetings, and conversations with other physicians about their practices.

24. Nor would the average individual physician have the expertise necessary to understand and evaluate all of the published literature on a medical procedure or treatment, and start from scratch in developing appropriate risk factor screening and informed consent disclosures. The average practicing physician would not even be aware of the number of choices that go into determining the methodology of a research study, or how its results are analyzed – much less be in a position to evaluate the statistical and methodological issues implicated in each article, or to understand the article’s conclusions in the context of those issues and the broader literature.

25. In contrast, when a professional organization proposes to issue guidance on a procedure or treatment, it typically has a committee that will review the risks and benefits of the procedure or treatment, and then make recommendations to the professional organization. At least some members of the committee will have methodological and statistical expertise, whereas others may have more clinical expertise. Thus, the recommendations of the committee as a whole will be more informed than the product that the individual members (much less other physicians) would be able to produce. In my capacities as President of the American Psychiatric

Association and as a member of the Board of Trustees of the same organization, I had oversight responsibility for this process for guidance to be issued by the American Psychiatric Association.

26. It is worth noting that the task professional organizations undertake when they propose to issue guidance on a procedure or treatment is very different from what the Act appears to require, if taken literally. In conventional practice, what professional organizations seek to do is identify the risks that should be considered in deciding on a treatment because they are likely to be material to patients, as well as certain risk factors for which patients should be screened to see whether the patient is at increased risk of experiencing a complication. However, there would also be an enormous category of risks and risk factors that have been published in a peer-reviewed journal but that professional organizations would never identify as a basis for treatment decision-making for a variety of reasons, including that they have not been replicated; have been rebutted; are insignificant, rare, transient, or out-of-date; apply to patient populations significantly different from the patients at issue; or for other, similar reasons. As with individual physicians, it is an essential part of the role of professional organizations issuing practice guidance to exercise medical judgment in determining what risk factors and complications to include. These guidance documents are then frequently, and appropriately, used by medical providers as a guide for their informed consent disclosures.

27. Nor would a professional organization that proposes to issue guidance on a procedure or treatment start by conducting an exhaustive literature survey, much less one from the beginning of time. Rather, it would build on a certain level of knowledge that committee members already have. In part, this is because treatments, procedures, and medications change over time, and risk factors and complications do not stay the same. And in part this is because

older medical literature is often less methodologically precise, and therefore less reliable, than the recent literature, because research standards have changed.

28. In short, in a variety of ways, the Act's requirements bear little or no resemblance to the ways that informed consent is generally provided, and in fact, if taken literally, deprive physicians of the medical judgment that normally permeates the informed consent process.

II. The Act's Requirements are Detrimental to True Informed Consent

29. As stated above, the basic purpose of informed consent is to enable meaningful decision-making by providing the information that is helpful to a patient in making a medical decision. This is the principle by which any specific informed consent requirement or practice must be evaluated.

30. The Act's requirements would force healthcare providers to violate this principle by forcing them to disclose information to patients based on a single citation in the medical literature, without any ability to exercise medical judgment either as to the reliability, validity, and applicability of the risk factor or complication at issue, or as to its materiality to the patient's medical decision-making. This is antithetical to the informed consent process, as described below in more detail.

31. To enable meaningful informed consent, a medical provider must be able to select the information that is the most material to the patient's decision, and distill it into a form that the patient is able to digest and understand. Providing extraneous information is counterproductive, as patients get "flooded" and are no longer able to process the information in any meaningful way. People have the ability to attend to only limited amounts of information. If a medical provider overwhelms a patient's capacity to integrate that information, rather than

being informed, the patient is likely to be bewildered, flustered, anxious, and less able to make a truly informed decision.

32. For example, the FDA-approved prescribing information for Prozac (generic name: fluoxetine), the first of the SSRI-anti-depressants, and quite a safe medication, lists sixty-three adverse effects that have been attributed to the medication, and singles out twelve issues for specific warnings. Putting aside the time it would take to discuss and explain all of these possible side effects, disclosing them all would flood patients with information of little importance to them (*e.g.*, people who take Prozac are significantly more likely to experience yawning), while distracting them from the few items that are important for them to focus on (*e.g.*, an increased risk of anxiety and insomnia). Effective informed consent practices require physicians to focus on the subset of risks that patients should take into account in their decision-making.

33. Indeed, since the 1960s it has been known that the more information that is provided to patients beyond a basic description of a treatment and its risks and benefits, the less absolute information patients will retain. (Epstein, L.C. and Lasagna, L. (1969). Obtaining Informed Consent: Form or Substance. *Archives of Internal Medicine*, 123, 682-688.) The reason for this effect was suggested more than a half-century ago, when experiments indicated that on average, people could retain about seven different items in their working memory, including for the purposes of making decisions, at any point in time. (Miller, G.A. (1956). The Magical Number Seven, Plus or Minus Two: Some Limits on Our Capacity for Processing Information. *Psychological Review* 63, 81-97.) More recent studies indicate that the limit may be even lower. (Cowan, N. (2010). The Magical Mystery Four: How is Working Memory Capacity Limited, and Why? *Current Directions in Psychological Science* 19, 51-57.) Thus,

merely providing more information to patients does not help them make better decisions, and may overwhelm their abilities to process the information they receive.

34. Thus, requiring a healthcare provider to give information on every “risk factor” and associated “complication” published in any of a laundry list of peer-reviewed journals, without any ability to exercise judgment as to what information is material to the patient or even what information is reliable, would undermine the informed consent process. At the end of these disclosures, patients may have received more information in theory, but in practice they will retain and process far less information than had the provider been allowed to have an appropriately tailored conversation. And because flooding a patient with information will all but ensure that the patient fails to pay attention to the most important information, any significant risks are likely to be drowned out by a host of findings from the literature that (as discussed below) are unreplicated, disproven, out-of-date, inapplicable, misleading, or methodologically suspect.

35. Further, as I understand it, the Act appears to require information to be provided to the patient without any medical judgment as to the quality or relevance of the information, based solely on the fact that the information appeared in a peer-reviewed journal that is included in MedLine, PubMed, or the Thomson Reuters Master Journal List. This is enormously problematic.

36. First, a physician would almost never normally rely on a single study merely on the basis of its being published in a peer-reviewed journal, and assume that the study’s finding is valid. The essence of science is confirmation. In general, unless a finding is replicated, it cannot be relied on. Yet, as I understand it, the Act appears to require healthcare providers to evaluate

patients for supposed risk factors and disclose supposedly associated complications based on a single study.

37. Second, medical knowledge is constantly evolving and developing, and it happens routinely that findings or associations that were once believed to be valid and confirmed are subsequently disproven. One highly publicized recent example is that an article published in one of the world's leading journals, *The Lancet*, found an association between vaccinations and autism. This led many parents not to vaccinate their children, leaving them exposed to a variety of childhood illnesses. The article has now been widely rejected among the medical community, and accepted as disproven. If every pediatrician were required to disclose to parents that vaccines can cause autism based on this disproven article, it would make a travesty of the informed consent process and could lead to significant loss of life. And yet, as I understand it, nothing on the face of the Act allows medical providers to avoid evaluating patients for a supposed risk factor or disclosing a supposed complication on the ground that the claimed association has been disproven. This is a truly astonishing and perverse aspect of this legislation, as it would require physicians to violate their professional responsibility by giving the patient information that is not true.

38. Third, even for findings that have not been disproven, the fact that the state of medical knowledge is constantly developing and evolving means that procedures and medications do not stay the same, and nor do risk factors and complications. For example, excessive bleeding may be a common complication of the way a surgical procedure used to be done, but not of the more recent version of the procedure. Thus, requiring evaluations and disclosures based on out-of-date articles would lead to patients getting poor-quality information

that in some cases will be highly misleading, and will also distract patients from more material and reliable information.

39. Fourth, even current and replicated findings cannot be applied mechanically outside the context in which they were made; considerable medical judgment and knowledge goes into determining to which patients a study's findings can reasonably be applied. The Act ignores this complexity, and instead requires providers to give automatic disclosures to their patients based on the presence of a single risk factor regardless of the study's context, despite the fact that in many cases the resulting disclosures will be irrelevant or misleading to patients, as well as distracting them from more material information.

40. For example, the provision of medical services varies widely from country to country, as do many characteristics that are relevant to risk factors and complications, and yet the Act does not on its face appear to allow the physician to engage in any medical judgment as to whether an international article's findings can be applied to patients in Nebraska. It would be obviously misleading to require automatic disclosure to Nebraska patients of complication rates associated with a particular risk factor in patients receiving a medical service in a developing country, in which medical services, baseline health and nutrition levels, and social context may all be very different from what is found in Nebraska.

41. The same is true for studies done on some populations in the United States. In considering how broadly a particular study's findings can be applied, doctors and/or professional organizations must consider the characteristics of the population that was studied, including such factors as access to adequate medical services, nutritional habits, age, race, adherence to follow-up care instructions, and many others. To give an obvious example, if the average age of women in a study is fifty-five, and my patient is twenty-five, the complication

rates in the study may not be relevant to my patient (and in fact would be misleading) despite the fact that my patient has some risk factor identified in the study as associated with the complication.

42. And similarly, suppose that a study shows that women over forty are at risk of a particular complication, but a subsequent study shows that the risk applies only if the woman has never been pregnant. The first study has not been disproven, but its findings have been refined with a demonstration of a relevant protective effect. Thus, disclosure of the risk to a woman over forty who *has* been pregnant would be misleading – and yet would appear to be required by the Act, because the woman has the risk factor of being over forty.

43. These complexities and ambiguities are entirely typical of the medical literature and the way that medical knowledge develops. And yet, if taken literally, the Act appears to fail to recognize this complexity, or to allow healthcare providers to exercise appropriate medical judgment to determine what risk factors and complications may apply to their patients.

44. Fifth, the fact that a study is published in a peer-reviewed journal is no guarantee of its quality or reliability. I do peer review for dozens of journals, including the *Journal of the American Medical Association*, the *New England Journal of Medicine*, *The Lancet*, the *Archives of Internal Medicine*, and the *American Journal of Public Health*, and am highly familiar with the process. Although the goal of peer review is to provide some check on the quality of evidence entering the medical literature, it is known to be a highly imperfect system. As noted above, the state of medical knowledge is constantly evolving, and part of the reason this is so is that many findings that are published even in the best journals – much less in the broader range of peer-reviewed journals – are subsequently disproven. Many are also subsequently understood to be methodologically suspect in ways that were not understood at the time.

45. There are also significant differences in the quality of peer review among journals. Part of what differentiates prestigious, highly reliable journals such as the *New England Journal of Medicine* or the *Journal of the American Medical Association* is that they have rigorous peer review. Many other journals have less rigorous peer review, both because they attract less expert peer reviewers and because they impose lesser editorial standards. Whereas a journal such as the *New England Journal of Medicine* rejects the vast majority of articles that are submitted, other smaller journals may be less concerned with maintaining the highest standards than with ensuring that they have sufficient articles to fill the next issue; the majority of journals fall somewhere between these two extremes. Further, there is no requirement that peer-reviewed journals reject articles that receive negative responses from peer-reviewers; this is a highly discretionary determination by the journal editor, especially if the reviews are mixed.

46. In my professional experience, patients are likely to overestimate the import of a finding they are told has been published in a peer-reviewed journal, and believe such publication to mean that the information is valid. The average patient has no concept that there is a range of quality and reliability in the published literature, much less that articles published in even the best of journals are often subsequently disproven or significantly refined. Indeed, many patients are familiar with the phrase “peer-reviewed study” (which frequently occurs in the popular media) and assume this is the sole criterion for validity. This common misperception would make the disclosures required by the Act particularly misleading for patients, and is an additional reason why they would be harmful to the informed consent process.

47. This effect would be exacerbated by the fact that, in my professional experience, patients assume that their physician or physician’s staff would not give them information unless

the physician thought the information was important. In a typical informed consent process, the information the patient receives reflects the physician's medical judgment about what it is important for the patient to know. Taken at face value, the Act would change that rule in ways that I believe would be difficult for patients to understand, and ultimately would make the disclosures required by the Act very misleading for patients.

48. Aside from publication in a peer-reviewed journal (which, as noted above, is far from adequate quality control), my understanding is that on the face of the Act, the only attempt at controlling the quality of a study that would trigger an evaluation and disclosure obligation is that the study has to claim a "p-value" of less than .05, meaning that there is a less than 5% probability that the statistical association is due to chance. This p-value requirement is not adequate quality control, for several reasons.

49. First, p-values are very limited in what they purport to measure. For example, a p-value provides no information about a study's methodological soundness, including such factors as the representativeness or randomness of the sample being studied or the appropriateness of any comparison group. Nor would a study's p-value provide any indication of serious problems in selection of variables, data collection, or data analysis. If a study's methodology is poor, its p-value is meaningless as an indicator of the validity of the study's finding.

50. This is a critical limitation, as study design is complex and involves a large number of discretionary decisions, each of which is an opportunity for bias based on the predilections of the researcher to be built into the study. These discretionary decisions include, among others, selection of the control group, selection of the population or sample studied, what measures are used to test outcomes, and how these measures are applied (including who does the

rating, how objective that person's administration of the selected measures is, and whether that person knows the hypothesis being tested and/or knows the subject's status as a member of the control or experimental group). Each of these factors has an enormous impact on the associations that end up being reported as statistically significant, as measured by p-value.

51. Second, p-values give no indication of the magnitude of the difference being measured, or its importance; rather, they indicate only that a non-chance difference appears to exist. It is common for a difference between two populations to be statistically significant but clinically irrelevant. In fact, with a large enough sample it is a given that even very small differences, which are likely to be clinically irrelevant, will be statistically significant.

52. Third, p-values provide no information on whether a study's results may be applied to a different population than the one that was studied.

53. Fourth, p-values provide no information on a study's reliability, that is, whether its findings can be replicated by future studies using different data sets. In fact, even with a p-value of less than .05, a certain percentage of findings (up to 1 out of 20) will be due to chance. This is part of the reason why replication is so important, and it is bad medicine to require evaluation or disclosures based on a single study.

54. Finally, although .05 is a reasonable and conventionally-accepted p-value requirement to use in many contexts as a way to eliminate the majority of false associations, in other contexts it is inadequate. For example, if studies based on the same data set look at multiple potential risk factors, the appropriate p-value has to be decreased in order to avoid suggesting false statistical associations. Statisticians refer to this as a "correction for multiple comparisons." If this correction is not done, it is highly likely that some of the potential risk factors being evaluated will appear to be associated with a complication when in fact the

association is purely random and would not be replicated if the study were repeated with another data set.

55. In short, the Act appears to require mechanical disclosures based on any risk factor published in a peer-reviewed journal as associated with any complication of abortion, and thus inhibits the normal process that medical providers engage in when deciding what risk factors and complications are valid, significant, applicable, and material to their patients. As discussed above, giving patients inapplicable or immaterial information is harmful to the informed consent process, both because the patient will become overburdened with extraneous information and unable to absorb the critical information, and because the patient is likely to overestimate the likelihood that the information *does* apply to her. And there can be no doubt that requiring medical providers to give patients information that is unreliable or misleading is directly harmful to the informed consent process. For these reasons, if the Act's requirements are taken literally, the disclosures it requires would leave women less, not more, able to make informed decisions about their care.

I declare under penalty of perjury that the foregoing is true and correct and that this declaration was executed on June 24, 2010, in New York, N.Y.

By: 
PAUL S. APPELBAUM, M.D.

Exhibit A

June 2010

Curriculum Vitae

Personal Data

Name: Paul S. Appelbaum, M.D.

Title: Elizabeth K. Dollard Professor of Psychiatry, Medicine, and Law
Director, Division of Psychiatry, Law and Ethics
Department of Psychiatry
Columbia University College of Physicians and Surgeons

Research Scientist
New York State Psychiatric Institute

Director, Center for ELSI (Ethical, Legal and Social Implications)
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Address: New York State Psychiatric Institute/
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1051 Riverside Drive, Box 122
New York, NY 10032 (office)

Date of Birth: November 30, 1951
Place of Birth: Brooklyn, New York

Academic Training

1968 Stuyvesant High School, NY
1972 A.B. Columbia College (Biology)
1976 M.D. Harvard Medical School
1979-1980 Harvard Law School (special student)
1983-1984 Graduate School of Public Health,
University of Pittsburgh (special student)

Traineeship

1976-1977 Intern in Medicine, Soroka Hospital, Beersheva, Israel
1977-1979 Resident in Psychiatry, Massachusetts Mental Health Center/Harvard
Medical School, Boston, MA
1979-1980 Chief Resident in Legal Psychiatry, Massachusetts Mental Health
Center/Harvard Medical School, Boston, MA
1979-1980 Fellow in Mental Health Administration, Massachusetts Mental Health
Center/Harvard Medical School, Boston, MA

Licensure and Certification

1977 Massachusetts License No. 53808 (no longer active)
1980 Pennsylvania License No. MD-023867-E (no longer active)

1981	Board Certification in Psychiatry, American Board of Psychiatry and Neurology, Certificate #22719
1988	District of Columbia License No. 17336 (no longer active)
1994	Added Qualifications in Forensic Psychiatry, American Board of Psychiatry and Neurology, Certificate #18 (renewed, 2004)
2005	New York License No. 237042

Professional Organizations and Societies

Memberships in Professional Societies:

1979-	American Psychiatric Association
1979-1980	Massachusetts Psychiatric Society
1980-1984	Pennsylvania Psychiatric Society
1980-	American Academy of Psychiatry and the Law
1983-	American Society of Law, Medicine, and Ethics
1984-2006	Massachusetts Psychiatric Society
1988-	International Academy of Law and Mental Health
1996-2005	Association for the Advancement of Philosophy and Psychiatry
1998-2006	American Medical Association
2005-2009	American College of Psychiatrists
2005-	New York Academy of Medicine
2006-	New York County Psychiatric Society
2006-	New York Psychiatric Society
2007-	Neuroethics Society

Service:

American Psychiatric Association:

1980-1984	Committee on State Hospitals, (corresponding member 1982-1984)
1980-1983	Task Force on Psychiatric Participation in Sentencing
1981-1990	Commission on Judicial Action (consultant 1981-1984; chairman 1984-1990)
1984-1994	Joint Reference Committee (ex-officio member)
1984-1986	Task Force on Tardive Dyskinesia (consultant)
1990-1995	Council on Psychiatry and Law (chair, 1990-1994)
1995-2001	Isaac Ray Award Board (chair, 1995-2000)
1995-2000	Committee on the Use of the Litigation Fund (vice-chair, 1999-2000)
1997-2006	Board of Trustees
1997-1999	Secretary
1997-1999	Ethics Appeals Board (chair)
1997-1998	Task Force to Review APA Conflict of Interest Policy
1998-1999	Editorial Advisory Committee (chair)
1998-1999	Board Subcommittee to Review the By-Laws of the Research Institute
1999-2001	Vice-President
1999-2002	Joint Reference Committee (chair, 2001-2002)
1999-2001	Committee on District Branch Relations (consultant, 1999-2000);

chair, 2000-2001)

1999 Task Force to Review Future Options for the Journal of Psychotherapy Practice and Research (chair)

2000 Ad Hoc Task Force to Develop Procedures for Revenue Sharing (co-chair)

1999-2002 Commission on Public Policy, Advocacy and Litigation (consultant, 2001-2002)

2000 Work Group on Selection of Directors for the American Psychiatric Publishing Group (chair)

2000-2002 Task Force on Research Ethics (Board liaison)

2001-2002 President-Elect

2001-2003 Board of Directors, American Psychiatric Institute for Research & Education (Executive Committee, 2001-2003)

2001-2003 Board of Directors, American Psychiatric Publishing, Inc.

2001-2003 Distinguished Service Award Committee (chair)

2002-2003 President

2003-2004 Nominating Committee (chair)

2004- Council on Psychiatry & Law (chair, 2004-2008)

2004-2008 Joint Reference Committee (ex officio)

2004-2008 Committee on Advocacy & Litigation Funding

2008- Ad Hoc Workgroup on Relationships Between Psychiatrists and Industry (chair)

2009- Committee on Judicial Action (consultant, 2009-2010; chair 2010-)

American Academy of Psychiatry and the Law:

1982-1985 Program Committee

1984-1986 Committee on Ethics

1984-1986 Rapoport Fellowship Committee (chairman)

1987-1990 Councilor

1995-1996 President (president-elect, 1994-1995; executive council, 1994-1997)

1997-2002 Long Range Planning Committee

1997-1999 Nominating Committee

1998-2000 Awards Committee (chair, 1998-2000)

Massachusetts Psychiatric Society:

1992-1993 President (president-elect, 1991-1992; executive committee, 1991-1994)

1995 Task Force on Confidentiality (chair)

Academic Appointments

1977-1980 Clinical Fellow in Psychiatry, Harvard Medical School

1980-1984 Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

1981-1982 Assistant Professor of Law (secondary appointment), University of Pittsburgh School of Law

1982-1984 Associate Professor of Law (secondary appointment), University of Pittsburgh School of Law

1984 Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

1984-1985 Lecturer in Psychiatry, Harvard Medical School

1985 Associate Professor of Psychiatry, Harvard Medical School

1988-1989 Visiting Interdisciplinary Professor, Georgetown University Law Center

1985-2005 A.F. Zeleznik Distinguished Professor of Psychiatry, University of Massachusetts Medical School, Worcester, MA (tenured)

1992-2005 Chairman, Department of Psychiatry, University of Massachusetts Medical School

1996-1997 Fellow, Center for Advanced Study in the Behavioral Sciences, Stanford, CA

2006- Faculty Associate, Columbia University Center for Bioethics

2006- Affiliated Faculty Member, Columbia Law School

2006- Member, Center for Human Genetics, Columbia University

2006- Elizabeth K. Dollard Professor of Psychiatry, Medicine, and Law, and Director, Division of Psychiatry, Law and Ethics, Department of Psychiatry, Columbia University College of Physicians and Surgeons (tenured)

Hospital Appointments

1979-1980 Director, Legal Psychiatry Consultation Service, Massachusetts Mental Health Center, Boston, MA

1980-1981 Medical Consultant, Family Therapy Clinic, Western Psychiatric Institute and Clinic, Pittsburgh, PA

1980-1984 Consultant, Law and Psychiatry Consult Service, Western Psychiatric Institute and Clinic, Pittsburgh, PA

1981-1984 Medical Consultant, Special Therapies and Mood Disorders Modules, Western Psychiatric Institute and Clinic, Pittsburgh, PA

1983-1984 Co-director, Law and Psychiatry Program, Western Psychiatric Institute and Clinic, Pittsburgh, PA

1984 Director, Law and Psychiatry Program, Western Psychiatric Institute and Clinic, Pittsburgh, PA

1984-1985 Executive Officer, Massachusetts Mental Health Center, Boston, MA

1984-1985 Director, Program in Psychiatry and the Law, Massachusetts Mental Health Center, Boston, MA

1985-2005 Director, Law and Psychiatry Program, University of Massachusetts Medical School, Worcester, MA

1992-2005 Chairman, Department of Psychiatry, University of Massachusetts Medical Center/UMass Memorial Medical Center

2006- Attending Psychiatrist, New York Presbyterian Hospital

2006- Research Psychiatrist, New York State Psychiatric Institute

Honors

1972 Phi Beta Kappa

1979-1980 Sol. W. Ginzburg Fellowship, Group for the Advancement of Psychiatry

- 1980 Honorable Mention, 22nd Annual Harry C. Solomon Essay Award, Massachusetts Mental Health Center
- 1981 First Prize, 23rd Annual Harry C. Solomon Essay Award, Massachusetts Mental Health Center
- 1983 Manfred S. Guttmacher Award of the American Psychiatric Association and the American Academy of Psychiatry and the Law for the outstanding contribution to the literature of forensic psychiatry (awarded for the *Clinical Handbook of Psychiatry and the Law*)
- 1983 3rd Annual Norbert Enzer Memorial Lecture, Mt. Sinai Hospital, Milwaukee
- 1983-1984 Research Scientist Career Awardee, National Institute of Mental Health
- 1984 Honorable Mention, Nellie Westerman Prize of the American Federation for Clinical Research for research in medical ethics
- 1986 Dean's Alumni Award, Columbia College
- 1986 Sam G. Dunn Lecture in Medicine and the Humanities, University of Texas Medical Branch at Galveston
- 1986 4th Samuel and Kathryn Yochelson Lecture, Yale University, New Haven
- 1990 1st Bruce Siegel Memorial Lecture, Mount Carmel Medical Center, Columbus, Ohio
- 1990 Fellow, American Psychiatric Association
- 1990 Isaac Ray Award of the American Psychiatric Association for outstanding contributions to forensic psychiatry and the psychiatric aspects of jurisprudence
- 1991 Isaac Ray Award Lectures: Massachusetts Mental Health Center, Boston; Western Psychiatric Institute and Clinic, Pittsburgh
- 1992- Best Doctors in America, 1st edition and all subsequent editions
- 1992- Who's Who in America, 43rd edition and all subsequent editions
- 1992 5th P. Browning Hoffman Memorial Lecture, University of Virginia Law School, Charlottesville
- 1993 Kinsman Lecture on Medical Ethics, Oregon Health Sciences University, Portland
- 1993 Saleem Shah Memorial Award of the State Mental Health Forensic Directors Association for contributions to forensic mental health services
- 1994 Jacob Finesinger Memorial Lecture, University of Maryland Medical School, Baltimore
- 1994 4th Paul Mendelsohn Memorial Grand Rounds, Tufts-New England Medical Center, Boston
- 1995 Pfizer Visiting Professor, Department of Psychiatry, University of California at Davis
- 1995 Will Solimene Award for Excellence in Medical Communication, New England Chapter, American Medical Writers Association (awarded for *Almost a Revolution: Mental Health Law and the Limits of Change*)
- 1996 Manfred S. Guttmacher Award of the American Psychiatric Association and the American Academy of Psychiatry & the Law for the outstanding contribution to the literature of forensic psychiatry (awarded for *Almost a Revolution: Mental Health Law & the Limits of Change*)
- 1996-1997 Fritz Redlich Fellow, Center for Advanced Study in the Behavioral

- Sciences
- 1997 Edward J. Strecker, M.D., Award of the Institute of Pennsylvania Hospital and Jefferson Medical College for outstanding contributions in the field of clinical psychiatry
- 1998 Pfizer Visiting Professor, Maryland Psychiatric Research Center, University of Maryland
- 1998 Kenneth Gray Memorial Lecture, Canadian Psychiatric Association Annual Meeting, Halifax
- 1999 13th Charles E. Steinberg Lecture in Psychiatry and Law, University of Rochester School of Medicine, Rochester, NY
- 1999 4th Raymond W. Waggoner Lecture on Ethics and Values in Medicine, University of Michigan Medical Center, Ann Arbor
- 1999 Excellence in Teaching Award, Psychiatric Residency Program, University of Massachusetts Medical School
- 2000 Manfred S. Guttmacher Award of the American Psychiatric Association and The American Academy of Psychiatry and the Law for the outstanding contribution to the literature of forensic psychiatry (awarded for *Assessing Competence to Consent to Treatment: A Guide for Physicians and Other Health Professionals*).
- 2000 Elected to membership in the Institute of Medicine of the National Academy of Sciences
- 2000 26th Herman Dinkel Lecture, Oregon Health Sciences University, Columbia Gorge, Oregon
- 2000 Peter Scott Memorial Lecture, Royal College of Psychiatrists Annual Meeting, Edinburgh, Scotland
- 2000 1st Mark Nordenberg Lecture on Law and Psychiatry, University of Pittsburgh School of Law, Pittsburgh, PA
- 2001 C. Charles Burlingame Award of the Institute of Living for major contributions to the field of psychiatry.
- 2001 Pfizer Visiting Professor, Mount Sinai Medical School, City University of New York.
- 2001 Seymour Pollack Award of the American Academy of Psychiatry and the Law for distinguished contributions to the field of forensic psychiatry.
- 2002 Manfred S. Guttmacher Award of the American Psychiatric Association & the American Academy of Psychiatry and the Law for the outstanding contribution to the literature of forensic psychiatry (awarded for *Rethinking Risk Assessment: The MacArthur Study of Mental Disorder and Violence*.)
- 2002 Phillippe Pinel Award of the International Academy of Law and Mental Health for outstanding contributions to scholarship, pedagogy, and leadership in the field of law and mental health.
- 2002 Fredrick L. Weniger Lecture, Western Psychiatric Institute, University of Pittsburgh Medical School, Pittsburgh, PA.
- 2002 Enid Stokes Lecture, Titus Harris Psychiatric Society, Galveston, TX.
- 2002 1st George Harding IV, MD Lecture on Religion & Psychiatry, Loma Linda University Medical School, Loma Linda, CA
- 2003 Wolfe Adler Lecture, Sheppard Pratt Health System, Baltimore, MD.

2003	Distinguished Fellow, American Psychiatric Association
2003	12 th Roger Alan Moore Lecture on Values & Medicine: Ethical, Religious and Cultural Perspectives, Harvard Medical School, Boston, MA.
2003	1 st Seth Adams Memorial Lecture, Faulkner Hospital, Boston, MA.
2004	Janssens Distinguished Visiting Professor, Department of Psychiatry, Mayo Clinic, Rochester, MN
2004	Guide to America's Top Psychiatrists (Consumers' Research Council of America, also 2009)
2005	Fellow, American College of Psychiatrists
2005	Fellow, New York Academy of Medicine
2006	20 th Ed Hornick Memorial Lecture, New York Academy of Medicine, New York, NY
2006	President's Award of the Massachusetts Psychiatric Society for distinguished contributions to psychiatry
2006	George Saslow Lecture, Oregon Health Sciences University, Portland, OR
2007	Merck Visiting Scholar, Seton Hall University School of Law, Newark, NJ
2007	Best Doctors in New York (also 2008, 2009)
2007	Honorary Distinguished Member, American Psychology-Law Society
2007	Isaac Hays, MD and John Bell, MD Award for Leadership in Medical Ethics and Professionalism, American Medical Association
2007	Best Doctors in America (also 2008, 2009)
2008	Special Recognition Award, American Psychiatric Association
2008	Max and Sara Cowan Memorial Lectures in Humanistic Medicine, University of Utah School of Medicine
2008	America's Top Doctors (Castle Connolly, also 2009, 2010)
2009	Honorary Member, Israel Psychiatric Association
2009	18 th Annual John J. Conley, MD Lecture in Medical Ethics, St. Vincent's Hospital, NY, NY
2010	Highly Cited Researcher, Institute for Scientific Information
2010	Sconyers/Godfrey Ethics Lecture, Seattle Children's Hospital/University of Washington
2010	Keynote Speaker, Annual Meeting, Royal Australia and New Zealand College of Psychiatrists, Auckland, NZ

Grant Support

Past Funding

1979-1980	Principal Investigator, Patients' Competence to Consent to Hospitalization, Foundations Fund for Research in Psychiatry.
1980-1983	Principal Investigator, Clinical Training in Forensic Psychiatry, National Institute of Mental Health.
1980-1984	Co-Investigator, Legal and Ethical Issues in Psychiatric Research, Foundations Fund for Research in Psychiatry. (Loren H. Roth, M.D., Principal Investigator)

- 1981-1982 Principal Investigator, Patients Who Refuse Treatment in Medical Hospitals, President's Commission for the Study of Ethical Problems in Medicine and Biomedical and Behavioral Research.
- 1983-1984 Principal Investigator, Studies of Civil Commitment of the Mentally Ill, Research Scientist Development Award, National Institute of Mental Health.
- 1987-1988 Principal Investigator, Neuropsychological Correlates of Competence, Basic Science Research Grant (NIH), University of Massachusetts Medical Center.
- 1989-1996 Co-Principal Investigator, Assessing the Decision-making Capacities of the Mentally Ill, John D. and Catherine T. MacArthur Foundation (with Thomas Grisso, PhD), \$1,084,873.
- 1989-1997 Co-Principal Investigator and Site PI, Risk Assessment of Violence in the Mentally Disordered (Henry Steadman, PhD, Principal Investigator), John D. and Catherine T. MacArthur Foundation, approx. \$1,200,000.
- 1998-2000 Co-Principal Investigator, Informed Consent and the Therapeutic Misconception, NIMH, (Charles Lidz, PhD, Principal Investigator), \$600,000.
- 1999-2004 Consultant, Clinical Antipsychotic Trials in Intervention Effectiveness, NIMH Grant # R01-MH90001 (Jeffrey Lieberman, M.D., Principal Investigator), \$42,750.
- 2000-2004 Co-Investigator, Research Ethics in Schizophrenia, NIMH Grant # R01 MH58898-06 (Will Carpenter, MD, Principal Investigator), subcontract \$85,000.
- 2001-2003 Co-Investigator and Site PI, Violence Risk Assessment Software (SBIR), NIMH Grant # R44-MH59453-02 (Henry Steadman, PhD, Principal Investigator) subcontract \$14,690.
- 2002-2004 Co-Principal Investigator and Site PI, Prevalence Study of Leverage in Community Treatment, John D. and Catherine T. MacArthur Foundation, \$73,797.
- 2005 Principal Investigator, Leverage in Assertive Community Treatment Programs. John D. and Catherine T. MacArthur Foundation, \$43,000.
- 2004-2006 Co-Investigator, Competition Between Science and Care In Clinical Trials, NINDS Grant # R01-NS049595 (Charles Lidz, PhD, Principal Investigator), \$436,365.
- 2002-2006 Co-Investigator, Effectively Implementing Psychiatric Advance Directives, NIMH Grant # R01 MH063949-02 (Jeffrey Swanson, PhD, Principal Investigator), subcontract \$44,902.

- 2007-2008 Principal Investigator, Voluntary Decision Making About Participation in Human Subjects Research. Greenwall Foundation, \$48,900.
- 2004-2008 Co-Investigator, DVD Consent for Research in Older Schizophrenia Patients, NIMH Grant #1-R01-MH067902-01 (Dilip Jeste, MD, Principal Investigator), subcontract \$33,430.

Active Funding

- 2004-2010 Co-Investigator, Research Ethics in Schizophrenia, NIMH Grant #2 R01 MH58898-06 (Will Carpenter, MD, Principal Investigator), subcontract \$119,156.
- 2006-2011 Co-Investigator and Site PI, An Observational Description Study of IRB Practices, NCI Grant #1R01CA107295 (Charles Lidz, PhD, Principal Investigator), subcontract \$207,000.
- 2006-2011 Co-Investigator, Clinical and Translational Science Award, NIH Grant #1 UL1 RR024156-01 (Henry Ginsberg, MD, Principal Investigator), 10% FTE.
- 2007-2012 Co-Investigator, Proxy Decision-Making for Alzheimer Disease Research, NIA Grant # 1R01AG027986 (Laura Dunn, MD, Principal Investigator). subcontract \$79,250.
- 2008-2013 Co-Director of the Ethics and Policy Core, HIV Center for Clinical and Behavioral Studies. NIMH Grant # P30 MH43520 (Anke Ehrhardt, PhD, Principal Investigator). \$1,587,706, 10% FTE.
- 2008-2010 Co-Investigator, Capacity to Appoint a Proxy for Dementia Research, NIMH Grant #R01 MH075023 (Scott Kim, MD, PhD, Principal Investigator), subcontract \$48,933.
- 2008-2012 Co-Investigator, Ethical Issues in Surrogate Consent for Dementia, NIA Grant #R01 AG029550 (Scott Kim, MD, PhD, Principal Investigator), subcontract \$111,333.
- 2008-2010 Co-Investigator, Examining Ethical Issues in Research on Deep Brain Stimulation, Greenwall Foundation, (Laura Dunn, MD, Principal Investigator), subcontract \$10,980.
- 2009-2011 Co-Investigator, Capacity of Children and Teens to Decide About Cancer Trials, NCI Grant # 1 R21 CA134864-01A1 (Steven Joffe, MD, PhD, Principal Investigator), subcontract \$62,632.

- 2009-2011 Co-Investigator, The Blurring of Treatment and Research in Clinical Trials: Two Problems, NINR Grant #1RC1 NR011612-01 (Chuck Lidz, PhD, Principal Investigator), subcontract \$123,584
- 2010-2013 Principal Investigator, Center for ELSI Research on Psychiatric, Neurologic, and Behavioral Genetics, NHGRI grant # 1P20HG005535-01, \$150,000

Departmental and University Committees

University of Pittsburgh School of Medicine:

- 1983-1984 Mental Health Clinical Research Center Seed Monies Committee, Department of Psychiatry
- 1983-1984 Academic Promotions Committee, Department of Psychiatry

Harvard Medical School:

- 1984-1985 Committee on Governance, Department of Psychiatry
- 1984-1995 Working Group on Mental Health Policy, Division of Health Policy Research and Education
- 1994, 1995 Ad Hoc Committee on Professorial Appointment

University of Massachusetts Medical School:

- 1985-1986 Task Force on Medical Humanities
- 1986-1988 Task Force on the Impaired Student
- 1986-2005 Executive Committee, Department of Psychiatry
- 1991-1992 Ethicist Search Committee (Chair)
- 1992-1998 Chancellor's Advisory Committee
- 1992-2005 Executive Faculty Council (Secretary, 1995-1996; President 1997-99)
- 1993-1995 Pharmacology Chair Search Committee
- 1994-1995 Task Force on Multi-year Contracts (Chair)
- 1994-1995 Task Force on Tenure Policy
- 2003 Work Group on Composite Assessment of the Clinical Departments (Chair)
- 2004-2005 Search Committee for Neurology Chair

University of Massachusetts Medical Center

- 1985-1992 Treatment Issues Committee (Chair, Subcommittee on Consent, 1988; Vice-Chair, 1986-1988; Chair, 1989-1992)
- 1992-1998 Hospital Executive Committee
- 1992-1998 Group Practice Advisory Committee
- 1993-1998 Clinical Policies Committee
- 1995-1996 Task Force on the Role of the Clinical Chairs (Co-Chair)

UMass Memorial Health Care

- 1998-2001 Physician's Advisory Board
- 1998-2005 Leadership Council (prior to 2003, Clinical Chairs Council)

1998-1999 Group Practice Advisory Committee
 1998-2005 UMass Memorial Behavioral Health System
 (President and Chairman of the Board)
 1998-2001 Ethics and Treatment Issues Committee
 1999-2003 Board of Directors, UMass Memorial Medical Group
 2003-2005 Palliative Care Steering Committee
 2004-2005 Finance Committee, UMass Memorial Medical Group

Columbia University

2006-2007 Ethics Committee, Department of Psychiatry
 2006-2007 Sachar Award Selection Committee, Department of Psychiatry
 2006- Advisory Board, Center for the Study of Science and Religion
 2006-2007 Geriatric Psychiatry Division Director Search Committee, Department of
 Psychiatry (Chair)
 2006- Steering Committee, Clinical and Translational Research Award (CTSA),
 Columbia University Medical Center
 2007-2008 Committee to Review Medical Student Teaching in Psychiatry,
 Department of Psychiatry (Chair)
 2007-2008 Committee on Conflicts of Interest Policy at the College of Physicians and
 Surgeons
 2007- Ethics Advisory Board, Department of Psychiatry (Co-chair)
 2007-2008 Residency Training Director Search Committee, Department of Psychiatry
 2007- Member, Prevention, Control and Disparities Program, Columbia Cancer
 Center
 2008 Committee to Review the Residency Training Curriculum, Department of
 Psychiatry (Chair)
 2008- Executive Advisory Committee, Department of Psychiatry
 2008 Subcommittee on Consent and Privacy, Biobank Planning Committee
 (chair)

Teaching Experience and Responsibilities

1971-1972 Teaching assistant in biology, Columbia University
 1974 Teaching assistant in neuropathology, Harvard Medical School
 1977-1979 Clinical supervisor of medical students on psychiatry rotations, Harvard
 Medical School
 1978-1979 Seminar leader and psychiatric consultant, Harvard Voluntary Defenders,
 Harvard Law School
 1979-1980 Organizer and Director, Ethics Rounds, Massachusetts Mental Health
 Center
 1979-1980 Supervisor of residents in legal psychiatry, Massachusetts Mental Health
 Center
 1980- Lecturer at grand rounds, symposia, and seminars in the United States and
 Canada
 1980-1984 Supervisor of and lecturer to medical students and residents on legal
 psychiatry rotations, Western Psychiatric Institute and Clinic

- 1980-1981 Organizer and lecturer, course on Introduction to Psychiatry, psychology and social work trainees, Family Therapy Clinic, Western Psychiatric Institute and Clinic
- 1981-1984 Supervisor of residents in psychotherapy, Western Psychiatric Institute and Clinic
- 1982-1984 Teacher and co-teacher, Mental Health Law, University of Pittsburgh School of Law
- 1983-1984 Co-teacher, Law and Medicine, University of Pittsburgh School of Law
- 1985-2005 Supervisor of residents in psychotherapy, University of Massachusetts Medical School
- 1985-2005 Lecturer on legal and ethical issues in the practice of psychiatry and medicine to medical students and residents, University of Massachusetts Medical School
- 1988-1989 Lecturer, Law and Psychiatry (seminar for faculty); The Concept of Mental Competence in Law (seminars for faculty and students), Georgetown University Law Center
- 1993-2005 Small group leader, Mind, Brain, Behavior II Course, University of Massachusetts Medical School
- 1996 Co-organizer and lecturer, Law & Medicine (elective course for medical students), University of Massachusetts Medical School.
- 2004-2005 Lecturer on Suicide, Mind, Brain, Behavior II Course, University of Massachusetts Medical School
- 2006- Seminar leader on law and psychiatry, Psychiatry Residency Training Program, Columbia University
- 2006- Supervisor, Forensic Psychiatry Fellowship Program, Columbia University
- 2006- Seminar on Informed Consent, Columbia Law School
- 2007- Seminar on Mental Health Law, Columbia Law School

Other Professional Activities

- 1978 Task Force on Involuntary Medication, Massachusetts Department of Mental Health
- 1978-1980 Committee on Human Studies, Joslin Diabetes Foundation, Boston, MA
- 1981-1983 Advisory Board, Involuntary Civil Commitment Project, National Center for State Courts, Williamsburg, VA
- 1981-1983 Advisory Board, Patients' Rights Research Project, Human Interaction Research Institute, Los Angeles, CA
- 1982-1987 Commission on the Mentally Disabled, American Bar Association
- 1982-1984 Ethics/Human Rights Committee, Presbyterian-University Hospital, Pittsburgh, PA
- 1984 Forensic Subcommittee, Special Advisory Committee on Public Policy, United Mental Health of Western Pennsylvania, Pittsburgh, PA
- 1984-1988 National Task Force on Standards for Involuntary Civil Commitment, National Center for State Courts, Williamsburg, VA
- 1984-1986 Mental Health Law Committee, American Society of Law and Medicine (co-chairman)

1985-1986 Advisory Board, Legal Procedures for Handicapped Infant Care Project, American Bar Association

1987-1996 Research Network on Mental Health & the Law, John D. and Catherine T. MacArthur Foundation

1987 Participant, National Invitational Conference on the Future of Psychiatry

1987-1990 Advisory Committee to the American Academy of Forensic Sciences Committee on Ethics

1989-1991 Massachusetts House Committee on Physician/Therapist Sexual Misconduct, Subcommittee on Criminal/Civil Statutes

1992-2005 Board of Directors, Community HealthLink, Inc. (formerly Worcester Area Community Mental Health Center)(executive committee, 1992-2005)

1992-1994 Working Group on Guidelines for Maintenance of Boundaries in Psychotherapy, Massachusetts Board of Registration in Medicine

1993-1994 Ad Hoc Working Group for Mental Health and Criminal Justice Systems, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration

1994-2000 Forensic Advisory Council, Massachusetts Department of Mental Health

1995-1996 Ethics Advisory Board, BRCA-1 Genetic Screening Project, Dana-Farber Cancer Center, Boston

1995-1996 Project on Human Research Ethics, Center for Bioethics, University of Pennsylvania

1996-2004 Research Advisory Committee, United States Secret Service

2000-2005 Ethics Committee, Clinical Antipsychotic Trials of Intervention Effectiveness (CATIE) (chair)

2000- Research Network on Mandated Community Treatment, John D. and Catherine T. MacArthur Foundation

2000 Work Group on Informed Consent and Ethical Issues in Human Studies, National Institute of Mental Health

2001-2004 Board on Neuroscience and Behavioral Health, Institute of Medicine of the National Academy of Sciences

2002-2005 Advisory Board, TRIAD Project, National Alliance for the Mentally Ill

2003 Steering Committee on the Genetics of Addiction, Institute of Medicine

2004-2005 Committee on Crossing the Quality Chasm: Adaptation to Mental Health And Addictive Disorders, Institute of Medicine

2004-2007 Ethics Advisory Board, Treatment Units for Research on Neurocognition in Schizophrenia (TURNS) Program (chair)

2006- Advisory Board, National Resource Center on Psychiatric Advance Directives

2006-2009 Subcommittee on Research Involving Individuals with Impaired Decision-Making Capacity, Secretary's Advisory Committee on Human Research Protections (SACHRP), U.S. Department of Health and Human Services

2007 Roundtable on Student Mental Health and the Law, Jed Foundation (chair)

2007-2009 Scientific Advisory Panel, Assisted Outpatient Treatment Study, NY State Office of Mental Health

2007-2009 Committee on Health Research and the Privacy of Health Information: the HIPAA Privacy Rule, Institute of Medicine

- 2007- Clinical Research Ethics Key Function Committee, Clinical and Translational Science Award (CTSA) Consortium, NIH (chair, 2007-2009)
- 2007- Advisory Board, Scattergood Program in Applied Ethics of Psychiatry and Behavioral Health, University of Pennsylvania
- 2008 Planning Committee for a Conference on Military Medical Ethics, Institute of Medicine
- 2008- Consultant, Committee on the Development of the 3rd Edition of the Reference Manual on Scientific Evidence, Federal Judicial Center/National Academy of Sciences
- 2008- Scientific Council, National Alliance on Mental Illness
- 2008- Standing Committee on Ethics, World Psychiatric Association
- 2008- Advisory Committee, Voting and Cognitive Impairments Project, American Bar Association
- 2009- Honorary Advisor, Chinese Dementia Research Association
- 2010- Board member, Israel Healthcare Foundation
- 2010- Board of Advisors, Saks Institute for Mental Health Law, Policy and Ethics, University of Southern California

Grant Reviewer:

National Institute of Mental Health (ad hoc, including NIH Challenge Grants in Health and Science Research; member, College of Reviewers, Center for Scientific Review); National Science Foundation; Social Sciences and Humanities Research Council (Canada); Wellcome Trust (UK); Netherlands Organization for Scientific Research; Alzheimer's Association; Dana Foundation; Institute of Neurosciences, Mental Health and Addiction, Canadian Institutes of Health Research; National Institute of Health Research (UK); Netherlands Organization for Health Research and Development; John D. and Catherine T. MacArthur Foundation; Policy Research Program, Department of Health (UK).

Journal Referee:

American Journal of Psychiatry; Psychiatric Services (formerly Hospital and Community Psychiatry); Journal (formerly Bulletin) of the American Academy of Psychiatry and the Law; International Journal of Law and Psychiatry; Law and Human Behavior; Law and Society Review; General Hospital Psychiatry; Journal of Nervous and Mental Diseases; Journal of the American Medical Association; New England Journal of Medicine; Psychosomatics; Journal of Health Policy, Politics and Law; American Psychologist; Archives of General Psychiatry; Psychiatry; Qualitative Sociology; Journal of Intensive Care Medicine; Hastings Center Report; Journal of Clinical Medical Ethics; Behavioral Sciences & The Law; American Journal of Geriatric Psychiatry; Milbank Quarterly; Schizophrenia Bulletin; Journal of Clinical Psychiatry; Medical Principles and Practice; International Journal of Psychiatry in Medicine; Southern Medical Journal; Archives of Internal Medicine; Academic Psychiatry; Epidemiology; Psychology, Public Policy and Law; Journal of Practical Psychiatry & Behavioral Health; Journal of Law, Medicine & Ethics; Philosophy, Psychiatry and Psychology; Biological Psychiatry; Psychosomatic

Medicine; Journal of the American Academy of Dermatology; Journal of Public Health Policy; Israel Journal of Psychiatry; Neuropsychopharmacology; Journal of Clinical Oncology; Journal of Forensic Psychiatry; Journal of Forensic Psychology Practice; Kennedy Institute of Ethics Journal; International Journal of Neuropsychopharmacology; American Journal of Public Health; Lancet; Journal of Traumatic Stress; Health Affairs; Medical Anthropology Quarterly; Journal of Clinical Psychiatry; Theoretical Medicine & Bioethics; Journal of Affective Disorders; Behavior Research and Therapy; International Journal of Forensic Mental Health; Journal of Neuropsychiatry and Clinical Neuroscience; BioMed Central: Public Health; Harvard Review of Psychiatry; Community Mental Health Journal; BioMed Central: Psychiatry; Canadian Journal of Psychiatry; Administration and Policy in Mental Health and Mental Health Services Research; European Journal of Psychiatry; Journal of Social and Clinical Psychology; American Journal of Bioethics; BioMed Central: Medical Ethics; Psychological Medicine; Psychological Reports; Accountability in Research; Journal of the International Neuropsychological Society; Neurology; American Journal of Bioethics; Journal of Child Psychopharmacology; Current Psychiatry; Social Psychiatry and Psychiatric Epidemiology; Journal of the American Geriatrics Society; European Journal of Cognitive Psychology; International Psychogeriatrics; Acta Psychiatrica Scandinavica; IRB: Ethics & Human Research; Journal of Clinical Psychology; Jurimetrics; International Journal of Methods in Psychiatric Research; American Journal of Bioethics: Primary Research; Journal of Ethics in Mental Health.

Editorial Boards:

1981-	Contributing Editor (Law and Psychiatry), Psychiatric Services (prior to 1995, Hospital and Community Psychiatry)
1982-1986	Editorial Board, Contemporary Psychiatry
1982-1987	Editorial Advisory Board, Mental and Physical Disability Law Reporter (chairman, 1982-1987)
1983-1992	Editorial Board, Law, Medicine and Health Care
1983-1990	Associate Editor, Bulletin of the American Academy of Psychiatry and the Law
1984-1994	Editorial Board, International Journal of Law and Psychiatry
1984-	Editorial Advisory Board, Law and Human Behavior
1986-1993	Editorial Advisory Board, Law and Mental Health Professionals series, American Psychological Association
1989-1994	Editorial Board, Criminal Behavior and Mental Health
1990-1994	Associate Editor, American Journal of Psychiatry
1993-1996	Editorial Advisory Board, Clinical Psychiatry News
1993-	Editorial Advisory Board, Psychiatry
1995-	Consulting Editor, Ethics and Behavior
1995-2006	Editorial Board, Behavioral Sciences and the Law
1999-	Editorial Board, Journal of Forensic Psychiatry and Psychology (UK)
2005-	Editorial Board, Schizophrenia Bulletin
2004-	International Editorial Board, Journal of Ethics in Mental Health
2005-	Advisory Board, International Review of Psychiatry
2005-	Editorial Board, BioMed Central: Psychiatry

2008- Editorial Board, Psychiatry, Psychology and Law (Australia/NZ)

Bibliography

PEER REVIEWED ARTICLES:

1977

1. Shader RI, Jackson AH, Harmatz JS, Appelbaum PS: Patterns of violent behavior among schizophrenic inpatients. *Diseases of the Nervous System* 1977; 38:13-16

1979

2. *Appelbaum PS, Vasile RG, Orsulak PJ, Schildkraut JJ: Clinical utility of tricyclic antidepressant blood levels: a case report. *American Journal of Psychiatry* 1979; 136:339-341

3. *Appelbaum PS, Shader RI, Funkenstein HH, Hanson MA: Difficulties in the clinical diagnosis of lithium toxicity. *American Journal of Psychiatry* 1979; 136:1212-1213

4. *Appelbaum PS, Gutheil TG: Rotting with their rights on: constitutional theory and clinical reality in drug refusal by psychiatric patients. *Bulletin of the American Academy of Psychiatry and the Law* 1979; 7:308-317

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Exhibit 4

IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF NEBRASKA

PLANNED PARENTHOOD OF THE)
HEARTLAND,)
))
Plaintiff,)
))
v.)
))
DAVE HEINEMAN, Governor of Nebraska,)
in his official capacity;)
))
JON BRUNING, Attorney General of Nebraska;)
in his official capacity;)
))
KERRY WINTERER, Chief Executive Officer,)
and DR. JOANN SCHAEFER, Director of the)
Division of Public Health, Nebraska Department)
of Health and Human Services, in their official)
capacities; and)
))
CRYSTAL HIGGINS, President, Nebraska Board)
of Nursing, and BRENDA BERGMAN-EVANS,)
President, Nebraska Board of Advanced Practice)
Registered Nurses, in their official capacities;)
))
Defendants.)
_____)

Case No. _____

DARLA EISENHAUER, M.D., declares and states as follows:

1. I am over 18 years of age and competent to make this declaration.
2. I am a board-certified obstetrician and gynecologist in private practice in Lincoln, Nebraska. I am a fellow of the American College of Obstetricians and Gynecologists (“ACOG”) and a member of the Nebraska Medical Association and the Lancaster County Medical Society. I attended medical school at the University of Nebraska Medical Center, and did my residency in obstetrics and gynecology at the University of Missouri in Kansas City.

3. In my practice I provide general gynecological care; prenatal services, including both low risk and high risk pregnancy management; and labor and delivery services. Procedures I perform include hysterectomies, caesarian sections, diagnostic laparoscopies, miscarriage management, endometrial ablation, vaginal repairs, suburethral sling procedures, and others.

4. I have been made aware of Legislative Bill 594, the proposed new law that would govern informed consent for abortion in Nebraska (“the Act”). I submit this declaration in support of Plaintiff’s Motion for a Preliminary Injunction and for a Temporary Restraining Order preventing the Act from taking effect.

5. As I understand it, the Act would require Nebraska healthcare providers, as part of the process of informed consent for abortion, to screen the patient for the presence of any “risk factor associated with abortion” (as defined in the Act) that has been published in any peer-reviewed journal indexed in PubMed or MedLine or listed on the Thomson Reuters Master Journal list as being associated with any “complication associated with abortion” (again, as defined in the Act). If the patient has a particular “risk factor,” the healthcare provider would have to inform her of each “complication” associated with it.

6. I cannot imagine how any Nebraska healthcare provider could fully comply with these requirements (if taken literally), either for abortion or for any other medical service; certainly, I could not. Further, these requirements bear little or no resemblance to the way that I provide informed consent in my practice, and I am aware of no doctor, in Nebraska or elsewhere, who undertakes anything remotely resembling this process in providing informed consent for their patients.

7. First, it simply would not be possible to do a full literature survey for a given medical service, including every risk factor (very broadly defined) and associated complication

(also very broadly defined) relating to that service that has ever been published, in any peer-reviewed journal encompassed by the Act, in any language, in any year. I have never, in my years of training and practice, attempted to do a literature survey this exhaustive, and if I did, it is clear to me that I would never be able to accomplish it, in the sense that any survey I attempted would necessarily exclude some articles that would be responsive under the Act (if taken literally).

8. Even if I somehow were able to perform this comprehensive search and obtain all of the hundreds or thousands or tens of thousands of responsive articles, that would only be the first step – I would then have to read and understand all of the articles, which would be an impossibly monumental task in and of itself.

9. Turning to what this would mean in terms of my interactions with patients, I would then have to evaluate every patient for a huge number of potential risk factors, and inform the patient of the associated complications, even in instances where (for any of a variety of reasons, as discussed below) it would be bad medicine for me to discuss the particular potential risk factor or complication with my patients. This would be an extremely time-consuming process for both me and my patients, and confusing and potentially frightening for my patients.

10. While I look to the literature to stay informed about medical developments and to research any questions that come up in my practice, I would never attempt to read every article ever published on a procedure or treatment that I provide. Rather, I routinely review the key journals in my area of practice, such as the *American Journal of Obstetrics and Gynecology* and ACOG's publication *Obstetrics & Gynecology*; I rely on practice bulletins and committee opinions from professional organizations such as ACOG, which include summaries and analysis of key publications; and I attend continuing medical education and other professional meetings,

at which experts present condensed information and analysis that allows me and other practitioners to stay up to date on the most relevant developments in the literature. I also review the *Journal of the American Medical Association*, though fewer of these articles are relevant to my practice. And finally, I discuss developments with my colleagues and partners in Nebraska. These methods allow me to stay up to date while focusing my time and energy on treating patients. They also allow me to rely appropriately on the judgment of experts (including experts on study methodology and statistical analysis, which are not areas in which I or many other practitioners have particular expertise) as to what developments are worthy of note, and what studies and findings are reliable and likely to be applicable to my patients.

11. These methods of staying up to date on developments in medical knowledge are standard practice; they are what I do, what my partners and colleagues in Nebraska do, and what doctors are taught to do in medical school and residency.

12. Nor do the Act's requirements about evaluating patients for risk factors and disclosing associated complications bear any resemblance to how I or my colleagues in Nebraska provide informed consent. I do not screen patients for every conceivable risk factor of which I am aware (much less that was ever published in a peer-reviewed journal encompassed by the Act), or disclose every associated complication. Rather, I disclose complications to patients if the information is likely to be material to their medical decision-making, based largely on whether the complication is reasonably common and on how severe it is. Similarly, I screen patients for risk factors if the presence of the risk factor would change the informed consent information I would want to give that patient, or would cause me to change my treatment of that patient.

13. The decision of what complications to disclose to patients requires medical judgment and discretion. It is important to be somewhat selective in deciding what information to provide, as otherwise the patient will be overwhelmed with information. In practice, there is only a certain amount of information that a given patient will process and understand, and healthcare providers must prioritize the information that is most important. Further, it can be counter-productive to give patients information about risks that are extremely unlikely, as patients tend to latch onto this information and become overly concerned about these unlikely risks, and to overestimate the chances that they will experience them. Once this happens, it is very difficult or impossible to change. And finally, I think it is human nature for patients to gauge the dangerousness of a procedure or treatment by the length of the informed consent conversation, or of the printed materials they are looking at; accordingly, it would be misleading and frightening to patients to spend too much time going through a list of risks that are extremely unlikely or only marginally relevant.

14. The medical literature contains many articles that don't reflect the current state of medical knowledge, have been disproven, draw inappropriate conclusions based on studies with poor methodologies, or don't apply to my patients for any of a variety of reasons. I would never give disclosures to my patients based on information I think is out of date, wrong, or inapplicable; this would be a violation of my ethical duty to my patients. And yet this is what the Act appears to require.

15. Ultimately, the goal of the informed consent process is to allow patients to make meaningfully-informed decisions about their care. Requiring doctors to give patients information on every potential complication or risk factor, based on a single publication in the

medical literature, would only get in the way of informed decision-making. This is true because it exposes patients to information that is out-of-date, untrue, or misleading; forces them to try to digest medical details that are unlikely to be relevant to the decisions they are making; and distracts them from any information that is actually material to their decision-making.

I declare under penalty of perjury that the foregoing is true and correct and that this declaration was executed on June ~~21~~²⁴, 2010, in Lincoln, Nebraska.

By: *Darla Eisenhauer M.D.*
DARLA EISENHAUER, M.D.

Exhibit 5

IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF NEBRASKA

PLANNED PARENTHOOD OF THE)
HEARTLAND,)
))
Plaintiff,)
))
v.)
))
DAVE HEINEMAN, Governor of Nebraska,)
in his official capacity;)
))
JON BRUNING, Attorney General of Nebraska;)
in his official capacity;)
))
KERRY WINTERER, Chief Executive Officer,)
and DR. JOANN SCHAEFER, Director of the)
Division of Public Health, Nebraska Department)
of Health and Human Services, in their official)
capacities; and)
))
CRYSTAL HIGGINS, President, Nebraska Board)
of Nursing, and BRENDA BERGMAN-EVANS,)
President, Nebraska Board of Advanced Practice)
Registered Nurses, in their official capacities;)
))
Defendants.)
_____)

Case No. _____

DECLARATION OF KELLY BLANCHARD

KELLY BLANCHARD declares and states as follows:

1. I am over 18 years of age and competent to make this declaration.
2. I hold a Masters of Science in Population and International Health from the Harvard School of Public Health and a Bachelor’s degree in Social Studies from Harvard University. I am currently the President of Ibis Reproductive Health, an organization directed at improving women’s reproductive autonomy, choices, and health worldwide through, above all,

engaging in original clinical and social science research and leveraging existing research. I also teach in the Global Health and Population Department at the Harvard School of Public Health.

3. My most recent research has focused on contraception, medical and surgical abortion, microbicides, and cervical barriers for HIV/STI prevention. I have authored or co-authored over forty articles published in peer-reviewed journals on reproductive health topics in developed and developing countries and am currently the principal investigator or co-principal investigator on a number of research projects related to abortion and reproductive health.

4. I serve as a reviewer for a number of peer-reviewed journals related to medicine and reproductive health, including the New England Journal of Medicine, and the BJOG: An International Journal of Obstetrics and Gynaecology.

5. In 2009, I received the Guttmacher Institute's Darroch Award for Excellence in Sexual and Reproductive Health Research. In 2006, I won the Outstanding Young Professional Award from the American Public Health Association's Population, Family Planning and Reproductive Health Section. A copy of my Curriculum Vitae is attached as Exhibit A to this declaration.

6. I have reviewed Nebraska LB 594 ("Act") and submit this declaration in support of Plaintiffs' Motion for Preliminary Injunction and Temporary Restraining Order preventing the Act from taking effect. I make this declaration as an expert in medical and social science research, particularly in the area of reproductive health.

7. In my expert opinion, it would be impossible to fully comply with the requirements of the Act. I base this opinion not only on my extensive experience conducting medical and social science literature searches, but also on the extensive work that my research associate and I did over the past few months, at the request of Plaintiffs' attorneys, to determine

as precisely as possible what it would take, from a research perspective, to meet the requirements of the Act. As part of this work, my research associate and I not only reviewed detailed information available through PubMed/MEDLINE and Thomson Reuters, but we also consulted with colleagues, research librarians, and customer service contacts at PubMed (U.S. National Library of Medicine) and Thomson Reuters.

The Act's Requirements

8. The Act states that abortion providers must “[e]valuate[] the pregnant woman to identify the presence of any risk factors associated with abortion” prior to performing the abortion.

9. The Act further provides that “[i]f any risk factors associated with abortion were identified” the pregnant woman must be informed of “[e]ach complication associated with each identified risk factor” and “[a]ny quantifiable risk rates whenever such relevant data exists.”

10. “Risk factor associated with abortion” is defined as “any factor, including any physical, psychological, emotional, demographic, or situational factor, for which there is a statistical association with one or more complications associated with abortion such that there is less than a five percent probability ($P < .05$) that such statistical association is due to chance.” The Act specifies that “[s]uch information on risk factors shall have been published in any peer-reviewed journals indexed by the United States National Library of Medicine’s search services (PubMed or MEDLINE) or in any journal included in the Thomson Reuters Scientific Master Journal List not less than twelve months prior to the day preabortion screening was provided.”

11. “Complications associated with abortion” is defined as “any adverse physical, psychological, or emotional reaction that is reported in a peer-reviewed journal to be statistically

associated with abortion such that there is less than a five percent probability ($P < .05$) that the result is due to chance.”

What are “PubMed,” “MEDLINE,” and the “Thomson Reuters Scientific Master Journal List?”

12. PubMed is an online, searchable database of biomedical journal article citations and abstracts (*i.e.*, summaries) maintained by the National Center for Biotechnology Information at the U.S. National Library of Medicine. It comprises approximately 20 million citations for articles in the biomedical literature from MEDLINE, life science journals, and online books. MEDLINE is the largest component of PubMed and contains over 18 million article citations from approximately 5,400 worldwide journals in approximately 40 different languages. (Hereafter, I will refer only to “PubMed” as it includes MEDLINE.)

13. The Thomson Reuters Scientific Master Journal List (which is actually called the Thomson Reuters “Master Journal List”) (“MJL”) is a list of journal titles created and maintained by Thomson Reuters. The MJL includes approximately 16,500 journals from the natural sciences, social sciences, and arts and humanities in different languages. Thomson Reuters has a proprietary search engine called “Web of Science” that is designed to allow users to search electronically for some of the article citations published in the journals included in the MJL. Web of Science is marketed to large universities and institutions (as opposed to the general public) and Thomson Reuters charges an annual fee in the tens of thousands of dollars to use this service.

14. While there is some overlap between the journals included on PubMed and the MJL, there are many differences. Likewise, there are many differences between the articles that can be searched electronically through PubMed and Web of Science.

Limitations on Searching PubMed and the MJL

15. The Act covers information on risk factors published in “any peer-reviewed journals indexed by [PubMed]” or in “any journal included in the [MJL].” In other words, one must search every article ever published in any of the journals included in PubMed or the MJL for information required by the Act. But it is impossible to conduct this search using PubMed or Web of Science because both PubMed and the MJL include journals for which not every article published in those journals is included on PubMed or Web of Science. For example, PubMed and the MJL include the “International Journal of Qualitative Studies on Health and Well-Being.” That journal has been published since 2006, but only articles since 2009 can be searched using PubMed or Web of Science. Another example is “Psychology, Health & Medicine,” which was first published in 1996, but which can only be searched from 2006 on PubMed (with the exception of one article appearing from 2002) and from 2009 on Web of Science. Even a medical journal as well-known as “The Lancet” cannot be searched electronically in its entirety through either PubMed or Web of Science. I understand that, with respect to PubMed at least, it is up to each journal whether to include articles from volumes published before the journal was added to the database.

16. Thus, to access all the articles published in every journal included on PubMed or the MJL, one would not only have to figure out which journals are not fully searchable on PubMed or Web of Science (that is, which journals have some but not all of the articles ever published in those journals on PubMed or Web of Science), but then also find some other means to access and search those journals and articles. I am not aware of any other electronic database that would allow such a search to be carried out in a comprehensive manner; thus, one may have

to search each of the individual journals either online, if available, or through a library or the publisher.

17. In addition, neither PubMed nor Web of Science searches the full text of articles. PubMed searches a series of fields, including article title, abstract, author, and “MeSH” terms (“MeSH” stands for “Medical Subject Headings”).

18. MeSH is the U.S. National Library of Medicine’s controlled vocabulary thesaurus of terms used to describe the subject content of an article on MEDLINE. The purpose of MeSH is to facilitate search retrieval by eliminating the use of different terminology by different authors for the same concept. There are more than 25,000 descriptors (or terms) in MeSH. “Abortion, Induced,” for example, is a MeSH term that is defined as the “[i]ntentional removal of a fetus from the uterus by any of a number of techniques.” The subject content of an article is determined by a team of professionals at the National Library of Medicine, by reading the title and the introduction; scanning the body of the article, the abstract, the author’s own keywords, and the bibliographic references; and reading the summary or conclusions of the author. MeSH terms are used only for those subjects that are substantially discussed as opposed to those subjects merely mentioned in an article.

19. Some journal articles appearing on PubMed are not assigned MeSH terms, including articles on PubMed that are not on MEDLINE (only MEDLINE articles are assigned MeSH terms) and articles that have been recently added to MEDLINE but have not yet been assigned MeSH terms. Also, if a journal is in its fourth year or more when it is added, assigning MeSH terms will begin with the current year (in other words, articles in earlier volumes may be included in the database but will not be assigned MeSH terms).

20. Likewise, Web of Science searches a series of fields, including title, abstract, author-assigned keywords, and “KeyWords Plus®,” which are “index terms created by Thomson Reuters from significant, frequently occurring words in the titles of an article’s cited references.” Therefore, in either PubMed or Web of Science, unless the article contains the relevant search term or terms in one of the search fields, it would not turn up in a search.

21. To illustrate, take, for example, a search for the term “abortion.” PubMed automatically expands a search for the term “abortion” to include a search for the MeSH term “abortion, induced” as well as a search for [abortion and induced] and “induced abortion”—and yields more than 66,000 results dating as far back as the early 1900s. A similar search on Web of Science yields more than 30,000 results, dating back to the year 1900. But even using this incredibly broad search, one cannot guarantee that one would be able to retrieve every responsive article included in journals included in PubMed or the MJL. For example, of the articles that are not assigned MeSH terms on PubMed, an article that discusses induced abortion in the text (and contains information that would be responsive under the Act), but does not contain the search terms in the title or abstract (if an abstract is available), would likely be missed. Of the articles that are assigned MeSH terms, an article that is focused on miscarriage or labor and delivery, for example, but that mentions induced abortion (and contains responsive information), would also likely be missed because, as explained above, MeSH terms are used only for subjects that are substantially discussed in an article. And, on Web of Science, unless the term “abortion” is an author-assigned keyword or a “KeyWords Plus®” assigned by Thomson Reuters, an article containing responsive information could very well not turn up even in such a broad search if “abortion” is not used in its title or abstract. Of course, even if you ignore the fact that some responsive articles will be missed in a search for the term “abortion,” it

would be impossible for anyone to review the more than 66,000 and 30,000 articles that such a search yields on PubMed and the Web of Science, respectively, even accounting for overlap between the two sets of articles.

Limitations on Crafting a Comprehensive Search that Efficiently Retrieves Responsive Articles

22. Even if the above limitations on searching article citations and content on PubMed and the MJL did not exist, it would be impossible to craft a search that is both comprehensive and efficiently retrieves responsive articles. For example, even if we (1) narrow the search from “abortion” to “induced abortion” (including the MeSH term “abortion, induced” and one synonym sometimes used to describe induced abortions, “elective abortion”) and (2) limit the results further by using “risk factors” or “complications,” or potential synonyms of those terms, or other terms that may capture responsive information (including “counseling” or “informed consent”),¹ we still get more than 19,000 results, dating back to 1950, on PubMed alone.

23. Taking these more than 19,000 results, we generated a random sample of 100 articles using the statistical software program SPSS. (We only generated one sample, and the following discussion is based on that sample.) Looking only at the titles and abstracts (where available; it appeared abstracts were not available for 43 out of the 100 articles), my research associate and I independently reached a conservative estimate that approximately 35-40 of the

¹ Specifically, the terms we included in this aspect of the search were: factor(s), predictor(s), antecedent(s), predictive, predicting, pre-existing, pre-abortion, post abortion, counseling, counselling, counselor, counsellor, “informed consent”, crisis, risk, risks, complication, complications, reaction, reactions, sequela, sequelae, consequence, consequences, syndrome, syndromes, characteristics, demographic, demographics, peri-abortion, “risk factor”, risk factor [MESH], “pregnancy complication”, pregnancy complication [MESH], or informed consent [MESH].

100 articles may contain responsive information. This total includes examples that seem fairly likely to contain responsive information, such as:

- Y. Sun., et al., *Induced abortion and risk of subsequent miscarriage*, 32 *Int. J. Epidemiology* 449 (2003);
- J.E. Darroch, et al., *A history of induced abortion in relation to substance abuse during subsequent pregnancies carried to term*, 189 *Am. J. Obstetrics & Gynecology* 617 (2003) (no abstract);
- B. Major, et al., *Psychological responses of women after first-trimester abortion*, 57 *Archives Gen. Psychiatry* 777 (2000); and
- H. Houston H. & L. Jacobson, *Overdose and termination of pregnancy: an important association?* 46 *Brit. J. Gen. Prac.* 737 (1996).

It also includes examples that I am less certain will contain responsive information, but that, in my opinion, would need to be retrieved and reviewed before a final determination could be made, such as:

- S. Gamanagatti, et al., *Acute abdomen after termination of pregnancy*, 81 *Brit. J. Radiology* 758 (2008) (no abstract);
- U. Mahadevan, et al., *Pregnancy outcomes in women with inflammatory bowel disease: a large community-based study from Northern California*, 133 *Gastroenterology* 1106 (2007)
- P.I. Carter & J.S. St. Lawrence, *Adolescents' competency to make informed birth control and pregnancy decisions: an interface for psychology and the law*, 3 *Behav. Sci. L.*, 309 (1985) (no abstract);
- F.J. Shoeneck, F.J., *Fatalities Associated With Abortions*, *N.Y. St. J. Med.* 1216 (1964) (no abstract); and
- O. Kolarova, *Complications after artificial interruption of pregnancy*, 25 *Ceská Gynekologie [Czech. Rep.]* 694 (1960) (no abstract).

Thus—not including additional results from the Web of Science—this means one would have to retrieve, read, and analyze, at a minimum, close to 7,000 articles (35 percent of 19,000) to determine if they contain information that would trigger an obligation under the Act.

24. And, of course, even this search would not be comprehensive. Searching only for “induced abortion” (as opposed to “abortion”) eliminates some potentially responsive results, including articles that use the phrase “termination of pregnancy” instead of abortion, which is common. In addition, because “risk factors” and “complications” are defined so broadly in the Act, they include matters that would not necessarily be identified in medical and scientific articles using these terms or their synonyms. Moreover, there are other synonyms for “risk factors” or “complications” and other terms that could capture additional responsive material under the Act that we missed. Indeed, an article could easily discuss a particular condition or risk factor—such as age, for example—without using the general description “risk factor.” In my opinion, it would be impossible to craft a search that would both efficiently retrieve responsive articles and assure providers that all responsive articles have been captured.

Additional Limitations Related to Searching PubMed and the MJL

25. There are also a number of other hurdles to searching PubMed and the MJL. Journals are added and deleted from the MJL as often as every few weeks, but users can not easily access information about which journals have been recently added or deleted. Journals that are added may include ones that have been in publication for more than a year, and, thus, under the Act, could contain articles that would immediately trigger obligations under the Act. Therefore, one would constantly have to search the MJL to determine if articles containing potentially relevant information have been added. If they have, and if those articles cannot be retrieved online, it could take days or in some cases even weeks to access those articles through a library (especially if the article needs to be retrieved through an inter-library loan) or through the publisher.

26. In addition, many of the articles on PubMed, including articles that may be responsive under the Act, are in one of approximately forty different foreign languages. Only the title and sometimes the abstract (where an abstract is available, which, again, is not always the case) are translated into English. For example, our research revealed a Chinese-language article entitled: D.S. Zhang & C.F. Zhang, *Postabortion complications and recovery of ovarian function in nulliparous women*, 24 *Zhonghua Fu Chan Ke Za Zhi* 159 (1989). The abstract of the article suggests that nulliparous women (or women who have never given birth) are at risk for complications following abortion, and thus it appears the article would likely be responsive under the Act. But without being able to read and analyze the article itself, it is impossible to determine whether it is responsive and, if it is, what information in the article should be disclosed. Web of Science also covers many journals that publish only their bibliographic information in English with full text in another language.

27. Also, there are many hurdles to accessing the articles that one finds through PubMed or the Web of Science. Neither PubMed's nor Web of Science's search results includes an electronic copy of the journal article, and only some of PubMed's records are linked to full-text on publishers' web sites (and these may require a registration, fee and/or subscription to access). The articles that are not available online would need to be sought from a library, the publisher, or through some other source, in some cases for a fee. Moreover, of the articles that are available online, many are not available for free and typically cost \$25 or \$30 per article. In addition, Web of Science is marketed to large universities and institutions (as opposed to the general public) and Thomson Reuters charges an annual fee in the tens of thousands of dollars to use this service. Thus, merely retrieving the articles that may contain responsive information could cost providers an exorbitant amount of money.

Examples of Potentially Responsive Articles and Additional Hurdles

28. Even a cursory review of a handful of articles that are potentially responsive under the Act reveals a number of additional factors that would further complicate any attempt to comply with the Act. First, many studies do not address precisely the same risk factor or use the same approach to measure a particular risk factor. For example, a number of studies address risk factors that could be characterized broadly as falling under the heading “ambivalence.” Closer scrutiny of even a few of these studies, however, reveals that they address different risk factors using different methods and timing. In one study, the relevant risk factor was “moderate to severe” directly expressed ambivalence toward abortion as determined by a psychiatrist following a psychiatric evaluation of the patient before the abortion was scheduled. Edmund C. Payne, et al., *Outcome Following Therapeutic Abortion*, 33 Archives Gen. Psychiatry 725 (1976). In another study, patients were deemed to be ambivalent if they reported (at a post-abortion interview) that they had not decided on abortion as soon as they discovered they were pregnant. Hanna Söderberg, et al., *Emotional distress following induced abortion: A study of its incidence and determinants among abortees in Malmö, Sweden*, 79 Eur. J. Obstetrics & Gynecology 173 (1998). In a third study, the risk factor was based on a woman’s reported “satisfaction with the decision to end the pregnancy” based on a “four-point scale” in an interview conducted immediately prior to the procedure. Lisa Rose Shusterman, *Predicting the Psychological Consequences of Abortion*, 13A Soc. Sci. & Med. 683 (1979).

29. In addition, each risk factor in each study is associated with a different “complication” (or complications) occurring within different time frames: In the first study, the risk factor related to ambivalence appeared to be associated with “depression” and “guilt”—“with a particularly sharp peak for guilt at six weeks” post-abortion but with “a trend toward

resolution for both affects” at six months; in the second study, with “some kind of emotional distress” reported approximately one year after the abortion; and in the third study, with “unfavourable emotional reactions,” including feeling unhappy, guilty, and resentful, at two to three weeks post-abortion.

30. Moreover, other articles treat as a “risk factor” a cluster of characteristics (as opposed to one characteristic) associated with a set of complications. For example, one study concludes that “[a]mong the abortion patients, low self-esteem, low contraceptive knowledge, high alienation and delay in seeking the abortion were related to long recovery times, psychopathology (as indicated by the MMPI [Minnesota Multiphasic Personality Inventory]), and a large number of unpleasant body symptoms (*e.g.*, headaches, dizziness, nausea) after abortion.” Robert Athanasiou, et al., *Psychiatric Sequelae to Term Birth and Induced Early and Late Abortion: A Longitudinal Study*, 5 *Fam. Plan. Persp.* 227 (1973).

31. In my opinion, it would be impossible for providers to evaluate every patient for the wide range of related but non-identical risk factors relating broadly to one topic as well as the potentially many different clusters of characteristics that make up a single risk factor reported in the literature.

I declare under penalty of perjury that the foregoing is true and correct and that this declaration was executed on June 25, 2010, in Cambridge, Massachusetts.

By: _____


KELLY BLANCHARD

Exhibit A

Kelly Blanchard

Ibis Reproductive Health, 17 Dunster Street, Suite 201, Cambridge, Massachusetts 02138, USA
Telephone: 617-349-0040; Fax: 617-349-0041; Email: kblanchard@ibisreproductivehealth.org

Education

Harvard School of Public Health

MSc in Population and International Health, June 1997.

Master's thesis: "Health Workers' Opinions of the Public Health Service in South Africa: Implications for Quality of Care." Awards: Pforzheimer Fellowship for Public Service 1996, 1997. GPA-3.90.

Harvard/Radcliffe College

AB Magna Cum Laude in Social Studies, June 1992.

Undergraduate thesis: "Islamic Reform in Context: Understanding the Maitatsine Rebellion in Northern Nigeria." Analyzed the economic, historical, and political context of an Islamic movement in Northern Nigeria. Awards: John Harvard Scholarship, Elizabeth Cary Agassiz Certificate of Merit. Focus on African history, politics, and culture.

Research and Development Experience

Ibis Reproductive Health

Cambridge, MA

President, November 2004-present (Acting President, March-November 2004)

Provide conceptual, managerial, and financial leadership for an organization of roughly twenty staff in three offices worldwide, with an annual operating budget of \$2 million. Thematic areas of research include contraception, medical and surgical abortion, and STI/HIV prevention. Lead organizational fundraising and oversee program development and implementation both domestically and internationally.

Ibis Reproductive Health

Johannesburg, South Africa

Associate, June 2003-March 2004

Managed development and operations of South Africa office, including managing clinical and social science research projects on reproductive health. Participated as member of Ibis management team, including supervising local and international staff, fundraising, and program development.

Population Council

Johannesburg, South Africa

Program Associate, January 2000-May 2003

Managed a growing program of work on reproductive health in South Africa and the Southern African region, including quantitative and qualitative research on emergency contraception, medical and surgical abortion, and microbicides. Major projects included management of a phase II trial of a novel vaginal microbicide and development of clinical trial sites and patient and provider materials for mifepristone medical abortion. Responsible for fundraising, program and protocol development, staff supervision, study monitoring, data analysis, and manuscript preparation.

Population Council

New York, NY

Staff Program Associate, December 1998-December 1999, Program Manager, July 1997-December 1998

Designed, implemented, analyzed data and reported results from clinical and social science research projects on microbicides, medical and surgical abortion, emergency contraception, and maternal health. Managed site development for microbicides expanded safety trials in South Africa and Thailand and monitored implementation of a large emergency contraception trial in the US and UK.

Alumnae Health Study

Boston, MA

HSPH/Department of Population and International Health

Project Manager, September 1996-June 1997

Responsible for data management in survey of over 5,000 women college graduates investigating the relationship of athletic activity to health outcomes later in life. Served as a liaison to a data entry organization, supervised two administrative staff, and assisted in development of analysis plan.

Population Council

New York, NY

Consultant, January-March 1997

With Anrudh Jain, collected data from DHS reports and calculated an index of gender disparity based on female and male educational attainment by age group.

Women's Health Project

Johannesburg, South Africa

Research Assistant, June-September 1996

Managed and analyzed data from a situation analysis of reproductive health services in Northern, Northwest, and Northern Cape provinces. Produced written reports and visual presentations for district, regional, and provincial government officials. Led discussion among officials in small group sessions during dissemination workshops in each province to present data and get feedback. Trained local staff in data management and analysis and use of EpiInfo and Excel computer software.

Fulbright Scholarship

Accra, Ghana

Visiting Scholar, University of Legon, October 1992-September 1993

Designed and conducted a study exploring the resurgence of African Traditional Religion in Ghana. Interviewed and surveyed members of a modern religious movement to determine socio-economic status and motivation for joining the group. Developed character profile of founder, and documented economic, historic, and cultural context of this movement.

Voluntary Workcamps Associations of Nigeria and Ghana

Lagos, Nigeria; Accra, Ghana

Volunteer, July-August 1991

Nigeria: provided organizational assistance to local governments to set up future work camps. Ghana: participated in short-term development project assisting in the construction of a medical center in the Ashanti Region.

Harvard University/Department of Government

Cambridge, MA

Research Assistant to Assistant Professor Jennifer Widner, June-September 1990

Analyzed the social and economic impact of World Bank and IMF economic reform measures in West and Central Africa.

Professional Awards and Memberships

Instructor, Global Health and Population Department, Harvard School of Public Health

Guttmacher Institute 2009 Darroch Award for excellence in research to advance sexual and reproductive health

American Public Health Association PFPRH Section 2006 Outstanding Young Professional

American Public Health Association, member

Population Association of America, member

Association of Reproductive Health Professionals, member

National Abortion Federation, member

International AIDS Society, member

Society for Family Planning, member

Studies in Family Planning, reviewer

Reproductive Health Matters, reviewer

AIDS and Behavior, reviewer

Sexually Transmitted Infections, reviewer

International Family Planning Perspectives, reviewer

New England Journal of Medicine, reviewer

British Journal of Obstetrics and Gynaecology, reviewer

Other Experience

HSPH/Department of Population and International Health

Teaching Assistant for Professor Allan Hill, Assessing the Impact of Health Interventions in Developing Countries, March-June 1997

Teaching Assistant for Assistant Professor Omar Rahman, Population and Health, September-November 1996

Teaching Assistant for Associate Professor Rachel Snow and Lecturer Iain Aitken, Topics in Reproductive Health, January-May 1996

EF Educational Tours

Tour Consultant, January 1994-September 1995

Skills

- **Computer Applications and Data Analysis:** Extensive experience performing quantitative and qualitative data analysis. Fluent in following computer applications: Word processing programs, Microsoft PowerPoint, Excel, SPSS, SAS, STATA, EpiInfo, nQuery.
- **Languages:** Spanish: intermediate; French: beginner

Publications

Blanchard K. Improving women's access to emergency contraception: Innovative information and service delivery strategies. *JAMWA* 1998;53(5):238-41.

Blanchard K, Winikoff B, Ellertson C. Use of misoprostol during pregnancy and Möbius' syndrome in infants [letter]. *NEJM* 1998;339(21):1553-4.

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Blanchard K, Winikoff B, Ellertson C. Misoprostol used alone for the termination of early pregnancy: A review of the evidence. *Contraception* 1999;59:209-217.

Blanchard K, Elul B, RamaRao S. Reproductive Health Indicators: Moving Forward. New York: Population Council, Robert H. Ebert Program on Critical Issues in Reproductive Health. 1999.

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Esu-Williams E, Blanchard K. Female condoms and microbicides. In Essex M et al. (eds.), *AIDS in Africa*, 2nd ed. New York: Kluwer Academic/Plenum Publishers, 2002. 506-13.

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Select Current Research Projects

Co-Principal Investigator. Introducing medication abortion into on-line surgical abortion services in KwaZulu-Natal Province, South Africa. Operations research to evaluate introduction strategies and impact of introduction of mifepriston-misoprostol medication abortion in public sector services in South Africa.

Principal Investigator. Availability of public funding for abortions under the Hyde amendment: Providers' experiences. Qualitative and quantitative research to document abortion provider experiences with Medicaid funding for cases that qualify as Hyde Amendment exceptions.

Co-Principal Investigator. Abortion self-induction among Latina women in the San Francisco Bay Area, Boston and New York. Survey of women attending clinics that serve predominantly low-income women on their knowledge and experience with abortion and family planning services, and

history of self induction of abortion; women who have self-induced participate in additional in-depth interviews.

Co-Principal Investigator. Methods for Improving Reproductive Health in Africa (MIRA). Randomized trial of the diaphragm and lubricant gel for HIV prevention.

Principal Investigator. Provider perceptions of the diaphragm in the United States and Southern Africa.

Exhibit 6

IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF NEBRASKA

PLANNED PARENTHOOD OF THE)
HEARTLAND,)
))
Plaintiff,)
))
v.)
))
DAVE HEINEMAN, Governor of Nebraska,)
in his official capacity;)
))
JON BRUNING, Attorney General of Nebraska;)
in his official capacity;)
))
KERRY WINTERER, Chief Executive Officer,)
and DR. JOANN SCHAEFER, Director of the)
Division of Public Health, Nebraska Department)
of Health and Human Services, in their official)
capacities; and)
))
CRYSTAL HIGGINS, President, Nebraska Board)
of Nursing, and BRENDA BERGMAN-EVANS,)
President, Nebraska Board of Advanced Practice)
Registered Nurses, in their official capacities;)
))
Defendants.)
_____)

Case No. _____

JILL L. MEADOWS, M.D., declares and states as follows:

1. I am over 18 years of age and competent to make this declaration.
2. As of July 1, 2010, I will be the Medical Director of Planned Parenthood of the Heartland, Inc. (“Planned Parenthood”). I submit this declaration in support of Plaintiff’s Motion for a Preliminary Injunction and for a Temporary Restraining Order, preventing Legislative Bill 594 (“the Act”) from taking effect.
3. I am a board-certified obstetrician and gynecologist and a Fellow of the American College of Obstetricians and Gynecologists. I have been a Clinical Associate Professor of

Obstetrics and Gynecology at the University of Iowa College of Medicine for five years, and before that was an Assistant Professor of Clinical Obstetrics and Gynecology for six years, also at the University of Iowa College of Medicine; I will continue as an adjunct professor when my position at Planned Parenthood begins. As a Clinical Associate Professor, I have lectured extensively on a variety of obstetric and gynecological issues. I received my medical degree from the University of Iowa College of Medicine in 1995, and was a resident in obstetrics and gynecology at the Beth Israel Medical Center in New York from 1995 to 1999. A copy of my CV is attached as Exhibit A.

4. I have been practicing as an obstetrician and gynecologist, including as an abortion provider, since 1999. Throughout that time, in addition to my didactic and clinical teaching, I have provided a full range of obstetrical and gynecological services, including treating women with high-risk pregnancies, labor and delivery services, cesarean-sections, gynecological surgeries, a variety of in-office procedures, and abortion services. In addition to my duties as Medical Director, at Planned Parenthood I will continue to provide medical services, including some abortion services in Nebraska. I am currently licensed to practice medicine in Iowa, and my licensing application to practice medicine in Nebraska is complete and pending.

5. Both medication abortion and surgical abortion are very safe services. At the gestational ages at which Planned Parenthood provides abortions in Nebraska, they are safer than carrying a pregnancy to term.

6. As Planned Parenthood's Medical Director, I will have oversight responsibility for the medical services that Planned Parenthood provides; this includes responsibility for the

quality assurance of those medical services, as well as responsibility for the medical protocols pursuant to which those services are provided.

7. As Medical Director my responsibilities will include working with Planned Parenthood's legal, operational, and clinical staff to ensure that Planned Parenthood provides medical services in a way that complies with our legal and professional obligations.

8. I have reviewed the new so-called "informed consent" requirements at issue in this lawsuit, and I do not understand what they require.

9. If the Act is read literally, it seems to me to be impossible to comply with. Among other reasons, which I understand are being developed more fully in another affidavit, it would be impossible to do an exhaustive literature search for every article, in any language, from any year, in any journal covered by the Act, that addresses any potential risk factor (as broadly defined in the Act) that has been associated with any complication (again, as broadly defined in the Act). And even if we could somehow identify and obtain every potentially responsive article, and then read and understand them – a task that would take an impossible number of hours – the task of evaluating every patient for every resulting claimed risk factor, and disclosing the associated complications (including risk factors and complications that are not applicable to our patients, have been disproven, or are otherwise bad medicine) would also take so long as to be impossible.

10. On the other hand, if reasonable limitations may be read into the Act, I do not know how to determine what they are. For example, is it permissible to read in some restrictions on the materials that must be searched, such as by eliminating articles that are too old to be reasonably likely to be relevant, or that have not been translated into English? Is it permissible to limit our searches to articles published only in journals of obstetrics and gynecology, or

alternately, only in medical journals? Is it permissible to search only articles we are reasonably able to access and retrieve, such as those that can be both searched and retrieved electronically?

11. Similarly, is it permissible under the Act to exercise medical judgment, and not make disclosures that the Act on its face appears to require, if they would be medically inappropriate? For example, if a so-called risk factor or complication has been disproven, am I still obligated to disclose it to my patients even though doing so would be misleading and unethical? What if the study that finds a particular risk factor or complication is so poor in methodology that no conclusion can reasonably be drawn from it? What if the claimed risk factor or complication has been rejected by the mainstream medical community? What if the claimed risk factor or complication appears in a study done in a developing country, where medical services and context are very different from those found in Nebraska? What if a study is based on out-of-date medical practice, and its findings would not apply to contemporary abortion services as Planned Parenthood provides them? As will be discussed further below, some of the studies that would trigger obligations under the Act, if read literally, fall into each of these categories.

12. Further, what if a patient who has one or more supposed risk factors would be equally, or even more, likely to experience an adverse reaction if she carried the pregnancy to term? As will be discussed further below, this also is true of some of the risk factors that would trigger obligations under the Act, if read literally.

13. And similarly, what if the risk factor and/or complication is negligible, and in my medical judgment it would be contrary to the patient's best interests and ultimately harmful to her ability to make an informed decision to disclose it to her, for example, because it would only

distract her from more material information?

Taken Literally, the Act Would Require Disclosure of False and Misleading Information

14. Both as a physician and as the incoming Medical Director responsible for overseeing the provision of medical services at Planned Parenthood, I am very concerned that the Act would require me and other Planned Parenthood physicians to provide information to our patients that is false and/or misleading.

15. Nothing on the face of the Act appears to allow physicians to exercise medical judgment to avoid disclosing information to patients if it is not true, or is misleading; rather, on its face the Act appears to trigger disclosures based solely on the presence of a risk factor associated with a complication anywhere in the published literature covered by the Act. This ignores the fact that there is no doubt that the published literature contains many supposed risk factors and complications that have subsequently been disproven, are out of date, are found in studies that are too methodologically flawed to be reliable, or for other reasons are inapplicable to Planned Parenthood's patients.

(a) breast cancer

16. For example, the literature covered by the Act includes articles that find an association between abortion and breast cancer, for patients with certain risk factors. *See, e.g.,* M.C. Pike et al., *Oral Contraceptive Use and Early Abortion as Risk Factors For Breast Cancer in Young Women*, 43 *Brit. J. Cancer* 72 (1981). The Pike article finds that for women without a prior full-term pregnancy having an abortion in the first trimester of pregnancy, the risk of breast cancer goes up nearly two-and-a-half times. It reached these conclusions with a p-value of .004. *Id.* at 75.

17. I am concerned that under the Act, this means every patient in her first trimester of pregnancy (which is the gestational age at which the vast majority of our abortion services are provided) without a prior full-term pregnancy would have to be told that, according to this article, having an abortion would increase her risk of breast cancer by nearly two-and-a-half times.

18. This would be extremely misleading information for Planned Parenthood providers to be forced to give patients, because as the medicine in this field has developed, a consensus has been reached among the national professional organizations with specialized expertise in cancer and reproductive health, and throughout the mainstream medical community, that having an abortion does *not* increase patients' risk of breast cancer. The National Cancer Institute ("NCI"), the American Cancer Society ("ACS"), and the American College of Obstetricians and Gynecologists ("ACOG") have all reached this conclusion. *See* NCI, Summary Report: Early Reproductive Events and Breast Cancer Workshop, <http://www.cancer.gov/cancertopics/ere-workshop-report> (last visited Jun. 23, 2010) ("Induced abortion is not associated with an increase in breast cancer risk."); ACS, *Is Abortion Linked to Breast Cancer?*, http://www.cancer.org/docroot/CRI/CRI_2_5x.asp?dt=5 (follow "Is Abortion Linked to Breast Cancer?" hyperlink) (last visited Jun. 23, 2010) ("At this time, the scientific evidence does not support the notion that abortion of any kind raises the risk of breast cancer."); ACOG Committee on Gynecologic Practice, *ACOG Committee Opinion No. 434: Induced Abortion and Breast Cancer Risk*, 113 *Obstetrics & Gynecology* 1417 (2009) ("Early studies of the relationship between prior induced abortion and breast cancer risk were methodologically flawed. More rigorous recent studies demonstrate no causal relationship between induced abortion and a subsequent increase in breast cancer risk.").

19. As these leading professional groups have recognized, the methodology used in the Pike article and other early studies of abortion and breast cancer is flawed and unreliable. These early studies used a methodology known as case-control, in which women diagnosed with breast cancer are asked about their abortion history, and then compared to a control group of women who have not been diagnosed with breast cancer and are asked about their abortion history. This methodology is flawed because it is established that “healthy women are less likely to report that they have had induced abortions. In contrast, women with breast cancer are more likely to accurately report their reproductive histories. This may be because they are looking for anything that may be linked to the cancer.” ACS, *supra*; see also ACOG Committee on Gynecologic Practice, *supra*, at 1417. This is a form of recall bias, and (as the national professional groups have recognized) makes the conclusions in such studies unreliable.

20. The preferred methodology is to use a prospective design, which is less prone to bias. In this methodology a group of women who do not have cancer are asked about their abortion history, and then are watched over a period of time to see whether a cancer occurs. In this type of study recall bias is not an issue, because all of the women are cancer-free at the time they give their abortion history. Or alternately, another preferred methodology is to study populations in which objective information is available about abortion history, such as by studying populations in countries that have strong national health databases that include both breast cancer and abortion history information. The national professional organizations’ conclusion that abortion is not associated with an increased risk of breast cancer is based on studies using these stronger methodologies. See ACS, *supra*; ACOG Committee on Gynecologic Practice, *supra*, at 1417; see also NCI, *supra*.

21. It would be highly misleading, and frightening, to have to inform some of our patients that they are at a two-and-a-half times increased risk of breast cancer if they have an abortion, based on a study with flawed methodology whose results have been rejected by the mainstream medical community and by expert medical consensus, including by the national professional organizations with specialized expertise in cancer and reproductive health. If the Act allows me to exercise medical judgment, I would never use such an article as the basis for providing informed consent information to my patients. I would consider providing such information to be a violation of my ethical obligation toward patients.

(b) studies from developing countries

22. Another example of misleading information that the Act, if read literally, would require Planned Parenthood to disclose to its patients comes from studies done on abortion in developing countries.

23. The literature covered by the Act includes an article that studied abortion services in Nigeria and concluded (among other things) that if a woman is less than twenty years old at the time of the abortion she has an increased risk of complications, including a 31.2% risk of heavy bleeding (described as “so much bleeding you thought you might die”) within a day of the procedure. Tisha M. Mitsunaga et al., *Risk Factors for Complications of Induced Abortions in Nigeria*, 14 J. Women’s Health 515, 522 (2005). It reached this conclusion with a p-value of .001. It also concluded that if a woman is Protestant, she has a 29.7% risk of heavy bleeding, and if Catholic, 24.7%; whereas if a woman is a member of certain other religious groups it concluded that her risk of these complications would be far lower. It reached these conclusions with a p-value of .009. *Id.* at 523.

24. It would be extremely misleading – and frightening – to have to disclose these complication rates to patients who are less than twenty and/or Protestant or Catholic. For example, I would have to tell every 19-year-old patient that she has a 31.2% chance of hemorrhage (the more precise term for the bleeding described in the study), when in actuality her risk of hemorrhage is far, far less.

25. For many reasons it would be medically unreasonable to apply this article's findings to patients in Nebraska, and if the Act allows me to exercise my medical judgment, I would never use this article as the basis for informed consent disclosures to Planned Parenthood's patients. Among other reasons, the article indicates that abortion is largely illegal in Nigeria, and there is no indication that the abortions at issue were provided under sanitary conditions by providers with appropriate technique, training, and equipment – as are the abortion services Planned Parenthood provides. Further, the article states that the association between membership in certain religions and the increased complication rate is likely because in Nigeria membership in these religions is a proxy for some unobserved variable, such as socioeconomic status or lack of support in finding a safe abortion provider. The social context of being Protestant or Catholic is very different in Nebraska, and clearly members of these religions are not at a heightened risk for hemorrhage. And yet, nothing in the Act indicates that I am permitted to exercise medical judgment and not make these misleading and frightening disclosures to Planned Parenthood patients (or direct other Planned Parenthood healthcare providers to make them).

(c) out-of-date medical information and techniques

26. The literature covered by the Act also includes studies based on out-of-date medical information and techniques. For example, one study of abortions in the early 1970s

concluded that if a woman has an abortion after the first trimester, she has an 8.3% risk of cervical laceration, hemorrhage, repeat curettage, or other complications. David T.Y. Liu et al., *Comparative Morbidity after Vaginal Termination with regard to Parity and Gestational Stage*, 28 Brit. J. Clinical Prac. 170, 170 (1974). It makes this finding with a p-value of less than .01.

27. It would be misleading and untrue to provide this complication rate to a patient today who seeks an abortion after the first trimester, as that patient's actual risk of such complications would be far lower.

28. Again, if the Act allows me to exercise my medical judgment I would never use this article as a basis for providing patients with informed consent information, as abortion services have changed significantly since the 1970s. In particular, for abortions past 14 weeks we now know that it is important to use agents such as laminaria and misoprostol to gradually dilate the cervix in advance of the procedure, which has significantly improved the cervical injury rate. Providers also now routinely use prophylactic antibiotics, which has reduced infection rates. And sharp curettage is no longer used routinely in conjunction with suction curettage, which has reduced the risks of perforation and uterine injury.

29. Another article examined abortions in Yugoslavia in the early 1970s, and found that having carried a pregnancy to term is a risk factor for complications from abortion, resulting in a 5.5% chance of a complication requiring hospital admission. Mark Cheng et al., *Complications Following Induced Abortion by Vacuum Aspiration*, 8 Studies Fam. Plan. 125, 127 (1977). It made this finding with a p-value of less than .01. The article also found that being at 11 or 12 weeks gestational age at the time of the abortion increased a patient's risk of complications to 13%, and that a prior miscarriage increased complication rates to 20.3%. It made these findings with p-values of less than .01 and .005, respectively. *Id.* at 127-28.

30. Again, it would be untrue and misleading to tell patients in Nebraska in 2010 that they would incur these complication rates as a result of an abortion if they have carried a pregnancy to term, are at 11 or 12 weeks gestational age, or have had a prior miscarriage; these complication rates are extremely high, and bear no resemblance to current complication rates in the United States.

(d) articles the American Psychological Association has found unreliable

31. The literature covered by the Act also includes articles finding associations between various risk factors and negative psychological experiences after abortion that have been identified by the American Psychological Association Task Force on Mental Health and Abortion (“APA Task Force”) as having serious methodological problems that make it inappropriate to rely on their results.

32. More specifically, the APA Task Force, which in addition to its obvious expertise in psychological issues also has expertise in study design and methodology, concluded that studies that employ a retrospective design “have serious methodological problems that negate their ability to answer questions about psychological experiences following abortion” – the very questions these studies purport to answer. Brenda Major et al., Report of the APA Task Force on Mental Health and Abortion 74 (2008), *available at* <http://www.apa.org/pi/women/programs/abortion/mental-health.pdf>. The retrospective design criticized by the APA Task Force means that potential risk factors were assessed only after the abortion, at the same time that psychological experiences after the abortion were assessed – and in the case of these studies, these assessments often took place many years after the abortion. *Id.* As the APA further commented, “[m]ost of the half dozen retrospective studies of abortion samples had serious

methodological flaws and do not warrant further discussion except as examples of poor study designs.” *Id.* at 87.

33. For example, one article criticized by the APA Task Force examined multiple psycho-social risk factors and concluded, among other things, that not being employed full time, more years of education, or a history of divorce were variously associated with higher rates after abortion of symptoms of post-traumatic stress disorder, disruption in cognitive schemas, and/or self-reported stress. Vincent M. Rue et al., *Induced Abortion and Traumatic Stress*, 10 *Med. Sci. Monitor* SR5, SR14 (2004). These findings were reported with p-values ranging from .029 to .05. The study examined only women who had abortions, an average of 10.6 years after the abortion, and asked these women to fill out questionnaires about their history at the time of the abortion and their subsequent mental health – which as the APA recognized, is not a reliable methodology. *Id.* at SR15; Major, *supra*, at 74, 83.

34. It would be untrue, and very misleading, to have to disclose to every Planned Parenthood patient who is divorced, or educated, or not employed full-time, that these factors put her at higher risk of symptoms of post-traumatic stress disorder, disruption in cognitive schemas, and/or stress if she chooses to have an abortion, based on a study that has obvious methodological flaws, and which the APA Task Force has rejected as unreliable.

35. Another article rejected as unreliable by the APA Task Force based on its use of the retrospective methodology concluded, among other things, that if a woman has consulted with her sexual partner and he supports her abortion decision, this factor is associated with less favorable long-term adjustment after the abortion. In this study, risk factors and complications were assessed based on questionnaires the women filled out an average of nine years after the abortion—which again, as the APA Task Force recognized, is not a reliable methodology.

Jeanne Parr Lemkau, *Post-Abortion Adjustment of Health Care Professionals in Training*, 61 Am. J. Orthopsychiatry 92, 95 (1991); Major, *supra*, at 74, 83, 87.

36. Again, it would be false and misleading for Planned Parenthood providers to have to disclose this information to every patient who has consulted with her partner about her abortion decision and received his support, based on this methodologically flawed article. If anything, having a partner's support in her abortion decision is generally understood to be helpful to a woman, not harmful.

37. Finally, it is worth noting that even with regard to those studies of risk factors for negative psychological experiences after abortion that had far sounder methodologies than the studies discussed above, the APA Task Force concluded that "many of the same factors shown to be associated with more negative post-abortion psychological experiences also predict more negative reactions to other types of stressful life events, including child-birth . . . For instance, low perceived social support and low self-esteem are risk factors for postpartum depression. Most risk factors are not uniquely predictive of psychological experiences following abortion. Women characterized by one or more such risk factors might be equally (or more) likely to experience negative psychological reactions if they pursued an alternative course of action (motherhood or adoption)." Major, *supra*, at 92 (citations omitted).

38. Thus even in the absence of specific methodological problems that make a study's findings unreliable, it would be misleading to inform a patient that, because she has a particular risk factor (such as low self-esteem), if she has an abortion she will be at an increased risk of a negative psychological reaction. If this type of information is given in the context of an informed consent conversation, patients will naturally understand that they can avoid this risk by choosing not to have an abortion. After all, this is the whole purpose of informed consent: to

enable patients to make informed medical decisions. And yet, as the APA Task Force recognizes, women with this type of “risk factor” *cannot* avoid this risk by choosing not to have the abortion; carrying to term is likely to expose them to the same or greater risk of a negative psychological reaction as having the abortion. For this additional reason, the Act, if taken literally, would require Planned Parenthood to disclose misleading information to its patients.

I declare under penalty of perjury that the foregoing is true and correct and that this declaration was executed on June 25, 2010, in Iowa City, Iowa.

By: 
JILL L. MEADOWS, M.D.

Exhibit A

**Jill Lynelle Meadows, MD
Medical Director
Planned Parenthood of the Heartland
July 1, 2010**

EDUCATIONAL AND PROFESSIONAL HISTORY

Undergraduate Education:

1991 B.S., Macalester College, St. Paul, MN
1995 M.D., The University of Iowa College of Medicine, Iowa City, IA

Postgraduate Education:

1995-99 Resident, Obstetrics and Gynecology, Beth Israel Medical Center,
New York, NY

Certification:

January 2002 American Board of Obstetrics and Gynecology

Licensure:

July 1999 Iowa, Permanent

Academic Positions:

July 1999-2005	Assistant Professor of Clinical Ob/Gyn	Univ. of Iowa College of Medicine
July 2005-2010	Clinical Associate Professor Ob/Gyn	Univ. of Iowa College of Medicine

Professional Affiliations:

1991-1995 American Medical Student Association/Chapter President, 1992-1993
1995-present American College of Obstetricians and Gynecologists, Junior Fellow/Fellow (2002)
1996-present National Abortion Federation
2002-2003 Iowa Medical Society
2004-2008 Physicians for Social Responsibility
2005-present American Medical Women's Association
2005-2009 American Association of Gynecologic Laparoscopists
2007-present Association of Reproductive Health Professionals

Awards

2005 The University of Iowa Jean Y. Jew Woman's Rights Award

2005 Emma Goldman Clinic Golden Speculum Award
 1998 The Elliot Blumenthal Award for best resident research project/presentation

TEACHING AT THE UNIVERSITY OF IOWA

Classroom Teaching:

1999-2001 Formal lectures to third-year medical students, "First Trimester Bleeding" (every six weeks)
 2000 Lecture to residents and medical students, "Ectopic Pregnancy", 4/25/00
 2000-2002 Lecture to residents and medical students, "Evaluation and Treatment of Abnormal Bleeding in Perimenopausal Patient", 5/16/00, 6/16/02
 2000 Lecture to residents and medical students, "Chronic Pelvic Pain", 10/31/00
 2000-2009 Obstetrics and Gynecology case studies
 2000-2001 Lecture to Internal Med. residents, "Abnormal Uterine Bleeding", 9/28/00, 10/5/00, 1/4/01, 4/5/01
 2001-2006 Formal lectures to 3rd year medical students, "Normal and Abnormal Uterine Bleeding" (every six weeks)
 2006-2010 Formal lecture to 3rd year medical students, "Abortion and Women's Health" (every six weeks)
 2002-2005 Clinician mentor to 2nd year medical students for Foundations of Clinical Practice, Spring 2002, 2003, 2004, 2005
 2002 Lecture to residents and medical students, "Induced Abortion", 10/15/02
 2003 Lecture to residents and medical students, "Dysmenorrhea", 5/27/03
 2003 Lecture to residents and medical students, "Misoprostol in Obstetrics", 11/4/04
 2004 Lecture to residents and medical students, "Spontaneous Miscarriage, Evaluation and Treatment", 2/10/04
 2007 Lecture to residents and medical students, "Management of Miscarriage," 2/13/07
 2008 Lecture to residents and medical students, "Abortion Overview," 7/8/08
 2008 Lecture to residents and medical students, "Dysmenorrhea," 10/21/08
 2005-2008 Medical Consultant, Female Breast and Pelvic Exam Program Teaching Video and Simulated Patient Gynecologic Exam Program
 2005-2006 Faculty Facilitator, Foundations of Clinical Practice Personal and Professional Development
 2009 Clinical Skills Workshop for third year medical students using papayas (every six weeks) and for residents 1/13/09, and annually during orientation
 2008 Lecture to residents and medical students, "Induced Abortion," 7/8/08
 2008 Lecture to second year medical students (FCP). "Spontaneous and Induced Abortion Overview," 11/7/08
 2008 Lecture to reproductive epidemiology students, "Fibroids" and "Spontaneous and Induced Abortion Overview," 12/4/08
 2009 Lecture to residents and medical students, "Ryan Program Overview," 1/13/09
 2009 Lecture to residents and medical students, "Mifepristone/Misoprostol for Second Trimester Medical Abortion," 2/16/09
 2009 Lecture to residents and medical students, "DMPA for Contraception," 3/10/09
 2009 Lecture to residents and medical students, "First Trimester Medical Abortion," 6/9/09
 2009 Lecture to residents and medical students, "OCPs-The Basics," 8/11/09
 2009 Lecture to residents and medical students, "Primary Reproductive Health and the Law," 10/13/09

2009 Journal Club with residents and medical students: "Rates of Serious Infection after Changes in Regimens for Medical Abortion," NEJM, 12/09

Clinical Teaching (inpatient ward, clinic and operating room):

1995-1999 Teaching of medical students and residents,
Beth Israel Medical Center
1999-2010 Teaching of medical students and residents, UIHC
2000-2008 Premedical student shadowing
1999-2010 Medical student shadow/AMWA mentor
2005-2010 Medical student advisor
1999-2010 Staff resident COC clinics
1999-2010 Staff Labor and Delivery
1999-2010 Staff Colposcopy/LEEP Clinic
1999-2010 Staff ASC and main OR
1999-2010 Staff Emma Goldman Clinic
1999-2009 Staff VAMC gynecology clinic
2003-2010 Staff Fibroid Clinic
2009-2010 Staff Procedure Clinic

SCHOLARSHIP

Publications

"Medication for Medical Abortion", Currents, Vol. 4, #4, pp. 9-10, Fall 2003

Offices Held

1999-2010 Liaison to Emma Goldman Clinic
1999-2002 Clinical Consultant, Family Practice gynecology e-mail
1999-2004 Departmental IPR "super-user"
2002-2008 Medical Director, Family Planning Council of Iowa Medical Review Committee
2003-2007 Reproductive Health Advisor for the medical student free Mobile Health Clinic
2004 Member, Women's Health Curriculum Task Force
2004-2006 Member, Medical Education Committee
2005-2007 Member, Ob-Gyn Resident Education Committee
2005 Member, Physician Assistant Program Review Committee
2005 Member, First Case Start Improvement Project
2005-2010 Faculty Advisor, Medical Students for Choice, which won Carver College of Medicine
Medical Student Government Outstanding Student Organization, 2007-2008
2006-2007 Member, Perinatal Illicit Drug Screening Protocol Subcommittee
2006-2008 Member, Protection of Persons Subcommittee
2006-2007 Liaison, Family Practice resident OB/GYN rotation
2006-2008 Member, Quality and Safety Advisory Council
2009 Medical Director, Ryan Residency Family Planning Training Program
2006-2010 Reviewer, Obstetrics & Gynecology journal

Grants Received

2005-2007 University of Iowa New Clinical Initiative Grant for Fibroid Clinic
 2009 Ryan Residency Family Planning Training Grant (\$394,702)

Invited lectures

5/7/01 "Evaluation and Treatment of Abnormal Bleeding in The Perimenopausal Patient",
 Visiting Professor lecture, Broadlawns, Des Moines, IA.
 4/6/01 "RU-486 Update", Conference presentation, U of I Family Practice refresher course
 9/22/01 "RU-486 Update", OBG Postgraduate Conference, Iowa City, IA
 5/22/02 "Elective Induction of Labor", OBG Grand Rounds
 10/13/04 "Ectopic Pregnancies", Visiting Professor lecture, Mason City, IA
 10/13/04 "Misoprostol in Obstetrics", Visiting Professor lecture, Mason City, IA
 4/7/05 "Abnormal Bleeding in the Perimenopausal Patient", Spring Nurse Conference, U of I
 College of Nursing
 5/25/05 "Complications of Abortion, Current Controversies", OBG Grand Rounds
 10/12/05 "Symptomatic Fibroid Treatment," Women's Health Conference, UIHC Dept. of Nursing
 Services and Patient Care
 4/25/06 "This is God's Work," Panel participant, NAF Annual Conference, San Francisco,
 CA
 4/29/06 "First Trimester Bleeding," Visiting Professor lecture, Davenport, IA
 4/29/06 "Management of Spontaneous Abortion," Visiting Professor lecture, Davenport, IA
 2000-2009 Periodic presentations to local AMWA and MSFC chapters
 10/19/07 "Abnormal Uterine Bleeding," Iowa Nurse Practitioner Society Annual
 Conference
 9/12/08 "Management of Early Pregnancy Loss;" "Medication Abortion,"
 Workshop: Options for Early Pregnancy Loss or Therapeutic Abortion:
 Aspiration and Medication Management, Iowa City Public Library; sponsored by
 the Abortion Access Project and Association of Reproductive Health
 Professionals
 9/16/08 "Dysmenorrhea Treatment," Iowa Pharmacists CME
 12/4/08 "Carhart vs. Gonzalez: A Plaintiff's Perspective," Des Moines University MSFC Chapter
 4/14/09 "Essure Hysteroscopic Tubal Occlusion: Sterilization and Beyond," OBG Grand Rounds
 4/21/09 Implanon Training Session, Cedar Rapids, IA

SERVICE

Clinical assignments since last promotion

1999-2010 Private gynecology and obstetric clinics
 1999-2009 Gynecology weekly Pre-operative Educational Conference Coordinator
 2000-2009 VA gynecology clinic and OR coverage (through 2005)
 2000-2008 Interview prospective medical students at the College of Medicine
 2003-2009 Fibroid Clinic Coordinator (multidisciplinary clinic with Interventional Radiology)
 2003-2006 Volunteer staff for Reproductive Health student free mobile health clinic at Broadway
 Neighborhood Center
 2005-2007 Medical Director, OB-Gyn Clinic
 2005 IMEI Student Mentor
 2005 Medical Consultant, Female Breast and Pelvic Program Teaching Video,

University of Iowa Carver College of Medicine
2007-2009 Medical Student Service Distinction Track Mentor
2009 Procedure Clinic Coordinator
2009 Medical Director, Ryan Residency Family Planning Training Program

Community Service

2010 President, Iowa Abortion Access Fund
2008-2010 Board Member, Iowa Medical Aid Fund; Member, Development Committee (2008);
Vice President, Policies & Procedures Committee Chair (2009)
2002-2005 President, Iowa City Area NOW Chapter
2008 Chair, Faith United Church of Christ Worship Committee
2006 Chair, Iowans Marching for Women's Lives Coalition
2000-2008 Staff, Emma Goldman Clinic GLBT annual free clinic
2004-2005 Host, Riverside Theatre Actor Housing